

“Relax, Reconnect, Rejuvenate”



**Pre-Conference Institutes
Friday, November 9th**

Registration Desk Opens 7:30am

Special Interest Section Session Title and Description

Session 1: 8am – 12pm

Pediatrics

1A: Putting it Together: Managing Feeding Participation in OT Early Intervention

Jody Petry, OTR, BCP, SCFES and Diane Fleetwood, OTR/L, SCFES

This course promotes OT practice in the occupation of eating and feeding in early intervention service provision. Core essentials for completion of an accurate client centered feeding profile assessment will be presented. Assessment is key to effective intervention to address the medical necessity component for skilled OT interventions as well as insuring the family goals on the IFSP are addressed. The key components for the feeding evaluation will include child factors and performance components utilizing the practice framework, and distinct values affecting participation. Interpretation of sensory, motor, and environmental components utilizing critical thinking to integrate therapeutic outcomes by interpreting family needs and wants. Documentation of evidence-based outcomes continues to be critical for billing as well as provider participation in the Early Intervention CDSA programs.

Physical Disabilities/Mental Health

1B: Chronic Pain and OT: Knowledge and Interventions for Daily Practice

Niccole Rowe, BA, COTA/L, & Kim Breeden, OTR/L

Chronic pain is a hot topic in the healthcare world. Now more than ever, occupational therapy practitioners need to be prepared to advocate for the distinct value of occupational therapy as we are uniquely qualified to provide effective treatment interventions that will increase occupational performance and activity participation for those with chronic pain. This presentation will provide an overview of chronic pain, discussion of the biopsychosocial approach, and specific evidence-based interventions for the treatment of chronic pain. Practitioners of any setting will leave with a better understanding of the complexities of chronic pain along with evidence-based tools to empower clients to self-manage their chronic pain condition.

General

1C: The Power of Integrated Care: Using Healing Touch and Inhaled Clinical Aromatherapy to Optimize Outcomes

Greg Wright, MSN, RN, CCRN, CEN, HTCP, CCA

Optimizing the impact of the care you deliver is a driving force in our current healthcare arena. Having tools and skills available, and using them effectively, can make a profound difference in patient outcomes and your own resilience. Targeting today's healthcare professional, we will explore the concepts of integrative and holistic healthcare and their impact on patient care and self-care. Health Touch and Inhaled Clinical Aromatherapy will be investigated as integrative holistic options to support clients in their journey toward health and wellness. We will discuss the roles of various health workers, licensed and unlicensed, and limitations related to their scope of practice with integrative care.

Lunch (included in cost) 12pm-1pm

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Special Interest Section

Session Title and Description

Session 2: 1pm – 5pm

Pediatrics, Assistive Technology

2A: Positioning for Function: Make it fit with Cardboard Carpentry

Kit Frank, OTR, Rocio Alonso, Adaptive Designer/Fabricator, and Susan Fridie, Occupational Therapy Consultant

Positioning needs are universal, yet one size doesn't fit all. The best equipment is customized, durable, attractive, safe, functional, needed and wanted, and constructed responsibly and inexpensively. Utilizing Adaptive Design techniques, you will learn how designing and fabrication with tri-wall cardboard meets user needs, whether in New York City or the Ecuadorian Andes. This hands-on workshop will review concepts of positioning and customization and will teach the basics of cardboard carpentry. You will better be able to maximize client's function when you have this tool. You will also learn about client and family participation and empowerment and become aware of international movements and innovations to meet the needs of people with disabilities.

*Home/Community Health,
Physical Disabilities, General*

2B: Occupational Based Cognitive Rehab for Adults with Brain Injury or Stroke

Rob Koch, OTR/L

This presentation provides occupational therapists and assistants an *occupation-based* approach for implementing cognitive rehabilitation of adults with acquired brain injuries including CVA, TBI, tumors, multiple sclerosis and more. The approach differs from that of traditional cognitive rehab by implementing *performance-based* evaluation and intervention techniques. This system employs a graded hierarchy of *real-life* tasks and activities to address persons at *8 progressive cognitive levels*. Therapy focuses on increasing a person's awareness and management of *3 global elements* of cognitive performance - Time, Environment, and Interpersonal Skills with emphasis on *self-awareness*. Attendees will be provided access to a website to download treatment tasks and activities designed to foster independence and increase participation in life's activities.

2C: North Carolina Council of Occupational Therapy Education Leadership

All Program Directors and Academic Fieldwork Coordinators from NC colleges and universities are invited to attend this meeting, and there is no fee to attend. Since the NC-COTEL meeting is not a Pre-Conference institute, no continuing education credit will be offered. Program Directors and Academic Fieldwork Coordinators are encouraged to attend either in person or virtually to collaborate on formal occupational therapy education in NC. Please let Meredith Gronski (mgronski@methodist.edu) or Amy Mahle (amy.mahle@rccc.edu) know if you plan to attend virtually, and we will send further instructions.

8pm-10pm

President's Campfire/S'mores

Saturday, November 10th

Session Title and Description

7:30am

Registration Desk Opens

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8:15am-9:15am

Keynote: Promoting Health, Well-Being, and Quality of Life: Changing the OT Paradigm

Michael Pizzi, PhD, OTR/L, FAOTA

9:30am-10:30am

NCBOT Updates AOTA Updates WFOT Updates AOTA Representative Assembly Delegate

10:30am-12pm

Exhibit Hall and Craft Session

Craft Session

Crafts are part of the foundation of occupational therapy, and North Carolina has a rich cultural history around crafts and music. The Tar Heel state has been recognized nationally and globally for its craft traditions. With this in mind, we have decided to return to our OT roots by offering a unique opportunity at our upcoming Fall 2018 NCOTA Conference.

During the first-of-its-kind **Craft Session**, practitioners from across the state will showcase their talents and provide an in-depth activity analysis illustrating how each craft could be adapted for use with diverse client populations. Attendees will have the opportunity to visit a number of different craft tables and leave with new treatment ideas (and maybe a new hobby!) to take back to any practice setting.

12pm-1pm

Lunch (included in registration)

NCOTA 2018 AT/AE Design Competition

This is a new initiative for NCOTA for encouraging development of creative, client-centered assistive technology (AT)/adaptive equipment (AE). It grew out of a similar program that was sponsored for 15 years by the SP Ableware Maddak company and AOTA at the annual, national conference. This is a student focused program this fall with participants eligible to win financial awards with their designs, with a total of \$500 in prize money (1st place: \$300, 2nd place: \$150, and 3rd place: \$50).

Students in current OTA and OT programs in NC will have a prototype of their AT/AE product and/or a video if the product is too large or they were unable to make a prototype. They will also have a flyer available describing their product.

1pm-2:30pm

Everyday Ethics: The Basics and Beyond

Carey Leckie, MS, OTR/L, CHT and Constance Daly, JD, Mdiv, MHS, ADBA, OTR/L

Ethics in the field of healthcare continues to evolve, with ever-increasing pressures and complexities. This session will provide a general overview of what every occupational therapist should know, along with a review of the legal and professional repercussions of ethical violations. Participants will be made aware of their obligation to report violations and will be guided to the appropriate avenues for reporting violations. A real-world case study will be discussed, providing participants with examples of the difficulties faced by practitioners in various OT practice settings. Time for questions and answers will be provided.

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2:30pm-3:00pm

Silent Auction to Support Student Scholarships

3pm-3:15pm Break

3:15pm-4:15pm

NCBOT: Questions and Answers

Denise Donica, DHSc, BCP, FAOTA, Chair NCBOT and Ron Taylor, COTA/L, Vice Chair NCBOT

The NCBOT will present on the recent changes to the rules, describe the role of the NCBOT and answer questions from the audience.

Short Courses
Saturday, November 10th

Special Interest Section

Home/Community Health, Geriatrics

Session Title and Description

Session 1: 4:30pm – 6:00pm

1A: Staying in Motion: Getting Up Off of the Floor and Fall Recovery for Adults

Yolanda Ortiz, COTA/L

Falls and fall-related injuries are a growing public health concern. According to the National Institute on Aging, falls are the leading cause of fatal and non-fatal injuries in older adults. With a growing number of older adults developing a fear of falling, falls with or without injury can impact quality of life and limit engagement in meaningful occupations and social engagement. In this session, we will discuss OT's role in fall prevention and recovery, fall risk factors, different fall prevention programs, explore different assessments and learn skills to teach your clients how to increase their ability to get up and down off the floor. This will be an experiential course. Comfortable clothing is recommended. You will be led through strength, balance and agility movements as well as learn foundational components of fall recovery strategies including rolling and quadruped movements to assist in getting up off the ground.

1B: OT and Counseling Interventions: A Low Vision Case Study

Heather Weiner, OTR/L, and Tomeico Faison, OTR/L

Multiple studies indicate a strong association between functional vision loss and depression. Recognizing depression and providing interventions to address both functional vision and depressive symptoms is recommended to improve quality of life of persons with these dual diagnoses. This case study will provide an overview of in-home low vision and counseling services for a person with age related macular degeneration and depression. The occupational therapy and counseling assessment, interventions and outcomes will be discussed.

Home/Community Health

Student Focused, Education/Research/FW

1C: Strategies to Reduce Stress as a Student

Emilina Smith, OTA/S, Caroline Colburn, OTR, Kayla Ramsey, OTA/S, Paige Gildner, OTA/S, and Stephanie Clements, OTA/S

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Students and fieldwork instructors will learn sources of stress, ways to cope with stress, and how to create a plan to decrease stress during didactic coursework and fieldwork.

AT, Home/Community Health

1D: Today’s Assistive Technology: Where Innovation and Independence Meet

Cameron Kempson, Director of Education, *SimplyHome* and Sheila M O’Connor, MA, OTR

Come get a peek at the latest in technology including Environmental Controls which enable individuals with limited mobility to operate in the home environment. This includes controlling who has access to the home through video doorbell technology, door openers and remotely locking doors which increases the safety of home owners. *SimplyHome* designs and installs customizable remote support systems that empower independent living for aging and disabled populations. The smart sensor technology provides support for: Independent living skills, Medication compliance, Cooking safety, Chronic health conditions, Limited mobility.

Physical Disabilities, Geriatrics, General

1E: Treatment Interventions with an Eastern Medicine Component

Carina I. Karlsson

Kinesiology taping and zero balancing both arise from eastern medicine principles and have the potential to enhance occupational therapy intervention in a variety of diagnostic categories. The presenter will briefly provide the historical roots of these interventions and describe their effects. Indications and precautions will be discussed. Attendees will be shown specific techniques that can be introduced into their practice and provided resources for additional information.

Pediatrics

1F: Our Children Have Grown Up!: OT’s Role in Transition Programming

Tammy Linnen, OT/L, and Amy Spence, OTD, MEd., OTR/L

This presentation describes how OT participation in transition services is relevant and beneficial for the unique adolescent and young adult population and the OT profession. The session also examines the process and outcomes of a task team's analysis of their current school-based OT programming and service delivery to middle and high school students and their development of a new vision and OT role. The session will present the procedures used to develop and implement a program that supports adolescents in their pursuit toward post-secondary goals. Participants will reflect upon current approaches, review guidelines and resources that guide occupation-based practices and explore program development for post-secondary goals. Participants will reflect upon current approaches, review guidelines and resources that guide occupation-based practices and explore program development for post-secondary opportunities and collaborations in schools and the community.

Non-CEU, Non-Traditional

Painting

-Additional cost associated

Sunday, November 11th

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7:30am

Registration Desk Opens

Session Title and Description

SIS Roundtable Discussions: 8am-9am

Administration and Management

Shelley Sehorn, OTR/L; Brittini Winslow, OTR/L

Education and Research

Megan Edwards Collins, PhD, OTR/L; Alisha Baker, OTD, OTR/L

Gerontology

Catherine Balentine, MS, OTR/L; Debbie Hand, OTR/L

Mental Health

Valerie Fox, PhD, OTR/L, CPRP; Caity Bunch, MS, OTR/L

Pediatrics

Crystal Barchacky, OTR/L; Gia Lewis, PhD, OTR/L

Physical Dysfunction

Karen Johnson, MOT, OTR/L; Madison Meadows, MS, OTR/L

Technology

Adam Lisweski, OTR/L; Deanna Baldassari, OTR/L

Home Health

Jennifer Smith, OTD, OTR/L, MBA

Non-traditional, non-CEU

Memory Walk around Lake Junaluska

Staying in touch with our theme of “Relax, Reconnect, Rejuvenate”, we invite you to take some time to walk around the lake with us to remember anyone who has had a lasting impact on your life and career in occupational therapy. Honor those people by writing a message of remembrance on our banner.

Short Courses
Sunday, November 11th

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Special Interest Section

Session Title and Description

General

Session 2: 9:15am – 10:45am

2A: Role Competency: Tools for Client-Care and Managing Therapist Burnout

Jaclyn Jewett, MS, OTR/L

This short course session will provide an in-depth examination of role competency. First, we will discuss how role competency concepts can be used in providing direct care to clients in the assessment, intervention and community integration stages of therapy. Participants will then get to put these concepts and activities into practice first-hand, as we shift our focus to the many roles therapists play and how these roles contribute to burnout. Participants will leave this session with practical ideas and activities to add to their clinical toolbelts, a better understanding of their own potential for burnout, and practical solutions for managing this potential within the workplace.

Geriatrics

2B: Operationalizing Definitions of Rehabilitative and Habilitative OT in Geriatric Care

Charley Cross, MS, OTR/L and Elizabeth Hart, MS, OTR/L

While occupational therapy professionals are accustomed to working within a rehabilitation model, the Jimmo vs. Sebelius ruling and the Affordable Care Act have confirmed that occupational therapy has an important role to play in providing habilitative services to clients with chronic and progressive health care conditions, even when improvement is not possible. This session will explore the implications of the Jimmo vs. Sebelius ruling in providing occupational therapy services to older adults under Medicare and differentiate between rehabilitative and habilitative therapy. We will use case examples to illustrate how to determine appropriate services and effectively document and code habilitative therapy.

General

2C: Autism, Our Journey Together, A Message of Hope

DJ Svoboda and Cindi Svoboda

Growing up, D.J. was teased and bullied. These negative experiences inspired D.J. to create the land of Imagiville; a safe place in his imagination where everyone is treated kindly and accepted just the way they are. Through his art, and public speaking he brings Imagiville and the Imagifriends to life and uses them as a vehicle to spread a message of hope, inspiration and awareness that those with autism and special needs are special just the way they are. We are excited to introduce you to "The Imagifriends of Imagiville". We hope you all enjoy visiting Imagiville.

General

2D: Crafting a Life: The Significance of Craft in NC and its Place in OT

Laurel Cargill Radley, MS, OTR/L

From our origin through the 1960s, crafts were the mainstay of occupational therapy, and as you can see from the performance skills section of the task analyses for the craft sessions, there's no more comprehensive a medium than crafts to improve the lives of our clients. In addition, we live today in a state redolent with professional craftpersons, a world where craft is not only an occupation but a vocation. It is time for a resurgence of craft as an intervention. This session will focus on the history of craft in North Carolina, North Carolina's significance nationally and internationally in the world of craft, and the importance of occupational therapy in sustaining the lives of craft-making citizens throughout our state.

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Education/Research/FW, Mental Health

2E: Occupational Therapy Education in Haiti and How You can Become an Agent of Change

Alisha S. Baker, OTD, OTR/L and Nancy Murphy, OTD, OTR/L

Despite the Republic of Haiti having over 800,000 people living with disabilities, there are less than a handful of occupational therapists in the country to provide essential services. Occupational therapists (OT) are desperately needed to support professional education and build capacity of Haitians who want to become OTs. This is now a possibility through the Rehabilitation Department at the Léogâne campus (FSRL) of the Episcopal University of Haiti (UNEPH). This session will provide a personal account of the presenter's experience in volunteering to develop and teach a course for the first four-year academic OT degree program in Haiti and how other practitioners can get involved.

AT, Physical Disabilities

2F: Low and High-Tech Arm Supports: Supporting Function

Amber Ward, MS, OTR/L, BCPR, ATP/SMS, FAOTA and Scott Scobey

OT practitioners may have heard of the Jaeco Orthopedic mobile arm support, Jaeco Orthopedic WREX, and the Jaco robotic arm, but many have not introduced/integrated this amazing technology with clients or have little awareness of the functional implications. This presentation will highlight the mechanics/technology of all 3 devices, demonstrate functional uses, discuss options for use with various client populations, consider justification and funding, and examine the research. Participants will have a chance to try out all 3 devices during the session and will leave with an improved awareness and excitement for this important technology.

Non-CEU, Non-Traditional

Drawing

*Additional cost associated

11am-12pm

Awards Lunch/Business Meeting

Special Interest Section

*Physical Disabilities,
Education/Research/FW,
Home/Community Health,*

Session Title and Description

Session 3: 12:45pm – 2:15pm

3A: *Unlimbited* Wellness: Telehealth for the Upper Limb Loss/Difference

Population

Debra Latour, OTD, M.Ed, OTR/L

This presentation describes the telehealth pilot program to improve the care of a growing population that has difficulty accessing specialized care. *Unlimbited* Wellness programs offer specialized information to distinctive upper limb loss/difference sub-populations, such as individuals with congenital difference, acquired loss, bilateral loss and of children loss/difference as well as community practitioners without access to specialized consults. Telehealth serves as the vehicle to bring peers together in an interactive, small group format to inform to secondary physical and psycho-social conditions and strategies to prevent them. The OT support group supplies practitioners with the opportunity to share cases, learn more about the population and intervention strategies.

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Geriatrics

3B: Winter Olympics: Community Outreach within Continuing Care Retirement Communities

Jennifer Adams, COTA/L and Joshua Nece, COTA/L

How to determine appropriate community outreach projects to promote health and wellness for everyone; not just our patients. Join a discussion regarding the planning and implementation of functional based activities to promote health and wellness while also marketing the importance of occupational therapy within a Continuing Care Retirement Community. Discover how activities can be adaptable for any group or population while promoting socialization and physical activity.

Pediatrics, General

3C: Using Our Passions to Inspire Practice: Implementing Project-Based Intervention

Evelyn S. Bloch, MS, OTR/L

Occupational Therapy has a rich history of using projects/activities/occupation to fully engage clients in their own growth and development. It is easy to get caught up in smaller therapy elements or objectives, losing the passion and engagement intensity of project-based intervention. Therapists' individual passions can drive their creativity and facilitate high expectations of clients. As a result, clients are more motivated and committed to the therapy process. In this course, we'll identify our personal passions; we'll add inspiration, commitment and skilled implementation to using project-based intervention; we'll offer strategies, problem-solving and some new ideas to our "OT Tool Box." Using interactive methods, as well as lecture and PowerPoint, enjoy reconnecting to this rich vein of occupational therapy practice. Come join the fun!

Mental Health,

3D: Support Individuals with Low Vision Through Art Accessibility

April Sawyer, OTR/L and Ailse O'Neill, MS, OTR/L

Living with low vision can lead to functional challenges that negatively impact engagement in activities of daily living and quality of life. Clients may experience barriers within their communities that result in feelings of depression, anxiety, and isolation (Dreer & Broadfoot, 2011). It is expected that individuals with low vision and/or blindness will double by 2030, resulting in approximately 7.7 million people in the US with visual impairments (Leonard, 2002). This course will present information related to the needs and concerns of clients, functional implications of low vision conditions, and strategies to address barriers. Attendees will have an opportunity to apply theoretical models and develop solutions that focus on maximizing participation in the arts community through advocacy projects utilizing local and national resources.

Geriatrics, physical disabilities

General

3E: Advocacy in Action

Ashley Perkinson, NCOTA Lobbyist

Presenter will describe effective advocacy strategies from the local level to the State Legislature. Examples of successful advocacy efforts will also be shared from Perkinson's twelve years of advocacy efforts at the North Carolina General Assembly. Participants will take part in interactive activities and will put their advocacy training skills into practice.

Home/Community Health, Geriatrics

3F: Primary Care: Working to Expand Occupational Therapy's Presence

Catherine Balentine, MS, OTR/L; Julia Bermel, MS, OTR/L, and David Benthall, MS, OTR/L

Occupational therapy in primary care is an emerging practice area and presents exciting opportunities to broaden the profession's impact on health care service delivery. This presentation adds to that discussion by exploring occupational therapy's contributions in primary health care with an emphasis on care for older adults. Two primary care practice environments utilizing occupational therapy services will be highlighted in this presentation. The speakers will also discuss how they conducted a comprehensive needs assessment to advocate for OT's role on the primary care team within their worksite and ways to screen, identify, and

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evaluate the effectiveness of occupational therapy in these settings. We hope that this presentation will foster continued momentum and enthusiasm around this exciting topic.

Special Interest Section

Student-Focused, Education/Research/FW

Session Title and Description

Session 4: 2:30pm – 4:00pm

4A: Occupational Therapy’s Role in a Primary Care Memory Assessment Clinic

Allison Calhoun, MS, OTR/L ; Cynthia S. Bell, PhD, OTR/L, FAOTA; and Olivia Martin OTS

As healthcare is moving towards wellness and prevention, the role for occupational therapy practitioners in primary care settings continues to grow. With expertise in people's habits and routines, having occupational therapists at the initial primary care visit can be essential to promoting change that can carry over into the person's environment and daily routine. Occupational therapy in specialty primary care, specifically memory care, is also an evolving role that can benefit the patients who are experiencing changes in memory and their caregivers. This session will describe an experience of an occupational therapy level II student who was placed at a specialty primary care setting and how the student and supervising occupational therapist became part of the interdisciplinary team. Plans for future sustainability will be shared.

Special Interest Section

Geriatrics

Session Title and Description

Session 5: 2:30pm – 4:00pm

4B: Community Supported Farm Activities in a Skilled Nursing Facility

Kalyn Martin, COTA and Brittany Anderson, RT

A skilled nursing facility can thrive at making the facility feel like home through utilization of community resources and teamwork among staff members. Community projects that have enriched Clay County Care Center in Hayesville, NC will be shared with a focus on rehabilitation utilizing these projects. Some of the projects that have been supported by the community include an outdoor clothes line with walking paths of various terrain, outdoor garden, and chicken coop that the residents help to maintain. The rehab department is able to utilize these farm-like environments during therapy sessions to help patients regain strength and independence to return home. Long-term residents also benefit from the farm like environment because spending time watching the chickens and assisting in gardening helps reduce anxiety and depression.

Pediatrics, Home/Community Health

4C: Occupational Therapy Summer Camps for Children and Adults with autism Spectrum Disorders

Anna H. Walls, MS, OTR/L and Erin McManus

Who doesn't love summer camp? Children and adults with Autism Spectrum Disorders can benefit from occupational therapy summer camp programs that are attentively planned with careful set up for activities and grading as needed. Non-profit organizations who serve the needs of adults and children with Autism Spectrum Disorders can be appropriate partners with occupational therapy to deliver summer camp programs. In this session, a summer camp program for adults and children with Autism Spectrum Disorders that has occurred at Full Spectrum Farms located in Cullowhee, NC will be shared. A farm setting is the perfect place for sensory activities and the development of social skills through fine motor, gross motor, and activities of daily living tasks.

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Education/Research/FW

4D: Humanities and Arts-based Learning for Client Centered Practice

Susan Coppola, MS, OTD, OT/L, FAOTA

Visual arts, drama, movement and literature are modes of human expression that offer understanding of human experience that reach beyond the social sciences. Increasingly, health professions education programs are incorporating humanities. This session will be an exploration of arts and humanities activities that give insights to occupational therapy for more client centered practice. Learning through arts and humanities can be part of entry-level curricula and as continuing education in occupational therapy. These modes teach about non-verbal ways of communicating, recognizing beauty, and understanding differing perspectives. There will be presentation of arts-based learning as well as activities for participants to engage in to explore their potential as non-verbal modes of expression as well as meaningful creative occupations.

Mental Health

4E: The Shaping of Occupational Choice and its Impact on Health and Wellbeing in Acute Mental Health

Marybeth Gallagher, PhD, OTR/L

This paper presents occupational factors that shape the choices people make about what to do every day. It is supported by data from the speaker's dissertation on occupational choice within an occupational justice framework. It extends these findings to highlight their significance in assessment and intervention within an in-patient mental health facility. Participants will increase their knowledge of contextual factors beyond their physical environment to consider those social and cultural factors that shape choice and that ultimately impact health and wellbeing.

Pediatrics

4F: Systematic Review on Occupational Therapy for Children 0-5 Years

Meredith Gronski, OTD, OTR/L, CLA

Occupational therapy practitioners work with children in a variety of settings and must provide high quality interventions that are delivered in an efficient and efficacious manner (AOTA, 2014). This session will outline the process used by AOTA in the systematic review of occupational therapy interventions for children and youth, including the development of the focused questions, search strategy, challenges faced and strategies to overcome those challenges. Specific findings from a focused-question review will be presented along with implications for occupational therapy practice, education, and research. The focus of the targeted ADL intervention research that is summarized includes feeding, toileting, and sleep. Throughout the session, participants will be encouraged to reflect on their current early intervention practice and identify how these interventions could be utilized.

Non-CEU, Non-Traditional

4G: Yoga

Yolanda Ortiz, COTA/L, CYT