



2023 NCOTA Fall Conference



North Carolina Occupational Therapy Association
PO Box 20432 Raleigh, NC 27619
www.ncota.org 919-785-9700 office@ncota.org



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Your Certificate of Attendance is located at the end of the program.

Please submit course feedback using QR code below:



Join NCOTA: Empowering Occupational Therapy Practitioners in North Carolina

NCOTA Membership



The NCOTA aims to advocate, educate, and communicate. Membership offers you the opportunity to lend your support to the mission and activities and to your colleagues who are already involved. In addition to what you give, members also receive valuable benefits.

Membership Benefits

- Leadership and volunteer opportunities
- Advocacy support to address policy, legislative, and scope of practice
- Networking opportunities
- Discounts on continuing education events, including annual conferences
- Educational scholarships via NCOTA and AOTF Mentorship program
- Access to career center and professional resource

BENEFITS

Advocacy



Advocacy is an important part of the Occupational Therapy profession, state legislative issues affect how Occupational therapy practitioners practice, how they bill, how many are employed, and the impact they are able to have on their patients. The NCOTA has a history of positive impacts through advocacy opportunities.

Join Now!

- Contact us at ncotamembership@gmail.com for questions or more information
- Stop by our booth at the annual fall conference
- Scan the QR code

Annual Membership Prices
OT \$90.00
OTA \$80.00
OTS/OTAS \$45.00
First Year Therapist \$75.00
Retired \$45.00



Conference Maps



Accessible parking is located directly in front of Building N106. The main entrance into the N106 building is an accessible entrance. Additional parking is available in the parking lot across from N101 and N102 buildings, however please be aware that there are stairs to navigate from this parking lot to the main conference buildings (N105 and N106).

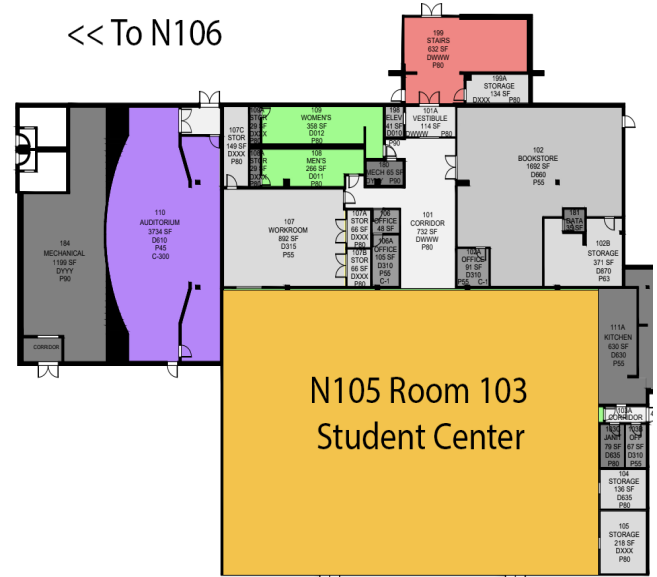
Accessible seating is offered in every classroom in the first and last row to the audience's right if facing the lectern. Attendees are welcome to use the back of each room to stand, move around, or sit on the floor if desired. Each classroom is designed for teaching and is not equipped with microphone/speaker systems. We will have microphones and speakers available in all large gathering spaces including the Auditorium, Atrium, and Student Center. We can provide additional microphone/speakers in specific classrooms upon request.

Conference Maps (cont)



First Floor N106

<< To N106



First floor N105

Map Legend

★ Pink star = COFFEE BAR provided by RCCC (Rm 130) & SOTA Club Tables (Rm 125, 124, 129)

Orange = Short Courses Rooms 101-104, 235-238

Green = Restrooms. A single occupant and gender neutral restroom is located in N106 by restrooms near the registration office.

Red = Stairwells and elevators

Yellow = Student Center N105 Room 103

Purple = Auditorium

Light blue = Registration Office

Dark blue = Atrium

There is a nursing mother's room available in N106 room 115 (small room denoted in purple on the 1st floor N106 map).

If you have any trouble, please ask us at the Registration desk!



Second Floor N106



2023 NCOTA Fall Conference Schedule
November 3-5, 2023
Rowan-Cabarrus Community College
1333 Jake Alexander Blvd. S, Salisbury NC 28145
Building N106 & N105

FRIDAY, NOVEMBER 3, 2023

12:30 – 1:00 Registration

1:00 – 5:00 Pre-Conference Institutes 4.0 CEU

Room 101 | 1A. Effective Teaching Strategies to Enhance Student Success in Occupational Therapy
Room 103 | 1B. Advocacy in Practice: Delivering Value in Acute and Post-Acute Care

6:00 – 8:00 NCOTA Board Meeting

Room 101

SATURDAY, November 4, 2023

7:15 – 8:00 Registration *Entrance of Building N106*

8:00 – 8:15 Welcome & Introductions *Building N105 Auditorium*

8:15 – 9:15 Organizational Updates 1.0 CEU *Building N105 Auditorium NCBOT, NBCOT, AOTA, AOTPAC*

9:15 – 9:30 Break

9:30 – 10:30 Keynote Address 1.0 CEU *Building N105 Auditorium*

Advocacy for Occupational Therapy: How You Can Be a Part of the Action by Ashley Perkinson, NCOTA Lobbyist

10:30 – 12:00 Exhibit Hall OPEN! 1.5 CEU *Building N106 Atrium*

10:30 – 11:15 Assistive Technology/Adaptive Equipment Design Competition - sponsored by Limbtech!

Competition located in Building N106 Room 107; Winners will be announced at 12:00 in Atrium Hall

11:15– 12:00 Poster Session

Located on second floor Building N106 in rooms 235, 236, 237, 238

12:00 – 1:00 Lunch

Student Center Building N105 Room 103 | Building N106 Room 104 NC Black OT Collective Meeting



SATURDAY, November 4, 2023

1:00 – 2:30 Short Course Session 1 1.5 CEU

- Room 103 | 1A. Behavioral Activation and OT: What is it and how do we use it?*
- Auditorium | 1B. NBCOT® National Certification Exam: Information You Need to Know*
- Room 102 | 1C. Role of OT in Diabetes Self-Management in Acute & Post-Acute Settings*
- Room 101 | 1D. How to Use Inclusive Speech & Writing to Enhance Patient Interactions & Health Literacy*
- Room 235 | 1E. Making the Non-Clinical Transition: The What, Why and How - Panel Discussion*
- Room 236 | 1F. "Flip Your Lid"- Application of Dr Siegel's principles to Occupational Therapy for all Clients"*
- Room 237 | 1G. The Conetoe Summer Camp Immersive Experience*

2:30 – 2:45 Break

2:45 – 4:15 Short Course Session 2 1.5 CEU

- Room 235 | 2A. It's Time to Take Care of You! Self-care for Occupational Therapy Practitioners & Students*
- Room 236 | 2B. Inclusive Spaces: Welcoming Diverse Students in Clinical Education Settings*
- Room 104 | 2C. Eye Don't Know What To Do: Assessments & Interventions for Oculomotor Control*
- Room 237 | 2D. Turn Down The Lights! - Inclusive Healthcare for a Neurodiverse Adult Population*
- Room 101 | 2E. Why not 3D print the splint: An Alternative to Traditional Splinting*
- Room 103 | 2F. OT Scope and Intervention Strategies in Palliative Care*
- Room 238 | 2G. Accessibility, Telehealth, and entrepreneurship*
- Room 102 | 2H. Baby Talk: Using Occupational Therapy to Support the Whole Baby*

4:15 – 4:30 Break

4:30 – 6:00 Short Course Session 3 1.5 CEU

- Room 235 | 3A. Intellectual/Developmental Disabilities and Substance Use Disorder: A Curriculum for recovery*
- Room 103 | 3B. How To Market Yourself as A New Occupational Therapy Professional*
- Room 236 | 3C. Occupational Perspective on Navigating Food-Related Occupations for Adults with ADHD*
- Room 102 | 3D. Brachial Plexus Assessment and Intervention: Where do I begin?*
- Room 104 | 3E. Edema and Lymphedema Management Strategies for Inpatient Practice*
- Room 236 | 3F. Upstander Training: Advocating for Self and Others*
- Room 237 | 3G. Empowering Lives through OT Advocacy*

6:00 – 7:00 Student Mixer hosted by Rowan-Cabarrus Community College SOTA

N106 Room 128 | Snacks & beverages

6:00 – 7:15 President's Reception & Silent Auction benefiting NCOTA DEI Committee

Student Center Building N105 Room 103 & Outdoor Patio | Silent Auction (50% of proceeds will go to NCOTA DEI Committee) | Hors D'oeuvres, Live Music, and Networking



SUNDAY, NOVEMBER 5, 2023

7:30 – 8:00 Registration *Front Office Building N106*

8:00 – 9:00 Special Interest Section (SIS) Breakout Sessions 1.0 CEU

Room 102 | **Children & Youth SIS**

Advocating for Evidence-Based Practice in Pediatric OT

Room 103 | **Home & Community Health SIS & Physical Disabilities SIS & Gerontology SIS**

Initial and Transition Entry in Occupational Therapy Practice Settings: The Good, Bad & Ugly

Room 101 | **Administration & Leadership SIS**

Let's Refine Leadership: A working session on aligning how NCOTA defines leadership with the AOTA vision

Room 235 | **Technology SIS**

Let's Chat About Opportunities and Barriers for Telehealth in NC

Room 236 | **Education & Research SIS**

Love It or Lose It: Applications in OT/OTA Education

9:00 – 9:15 Break

9:15 – 10:15 Ethics 1.5 CEU

Building N105 Auditorium

Ethically Advocating for your Client by Brenda Kennell, OTR/L, FAOTA & Kimberly Conrad OTD, MS, OTR/L

10:15 – 10:30 Break

10:30 – 12:00 Short Course Session 4 1.5 CEU

Room 235 | 4A. OTAs in Action - Leadership and Advocacy for the OTA

Room 236 | 4B. Decreasing Racial Disparities in the ICU Environment: A Therapeutic Approach

Room 103 | 4C. Advocating for Health and Wellness: Where does OT "fit" in Fitness?

Room 104 | 4D. What a Generalist Practitioner Needs to Know About Wheelchairs

Room 102 | 4E. OT's Role in The Geriatric 5Ms

12:00 – 1:45 Annual NCOTA Business Luncheon & Awards Ceremony

Student Center Building N105 Room 103

1:45 – 2:00 Break

2:00 – 3:30 Short Course Session 5 1.5 CEU

Room 101 | 5A. "Fill Your Cup": A Grant-Funded Pilot Program to Build Resilience in Students

Room 102 | 5B. Preparing OT Minds for Acute Care through Active Curriculum And Simulation

Room 103 | 5C. Adaptive Parenting: AT devices for caregivers with physical disabilities

Room 104 | 5D. Research as Advocacy: An Ideal Space for Occupational Therapy Practitioners

Room 235 | 5E. Living Out Neurodiversity Affirming Practice to the Workplace

Room 236 | 5F. Challenges of Reimbursement: Private Practice Updates and Discussion



ONLINE PRE-RECORDED SESSIONS

Access the NCOTA LMS Online Platform at [NCOTA.mclms.net](https://ncota.mclms.net)

Pre-Recorded Short Courses Available on the NCOTA LMS Online Platform 1.5 CEU

*Courses are only offered online.

1. *Rekindling the Fire: Compassion Fatigue in OT/OTA Academia**
2. *OT and Perinatal Loss: Connecting the Dots**
3. *Revolutionizing Rural Healthcare: Trends, Ethical Considerations, and Occupational Justice**
4. *Advancing Occupational Therapy Through Leadership: Considerations and Challenges**
5. *"Flip Your Lid"- Application of Dr Siegel's principles to Occupational Therapy for all Clients"*
6. *Decreasing Racial Disparities in the ICU Environment: A Therapeutic Approach*
7. *OT Scope and Intervention Strategies in Palliative Care*
8. *OT's Role in The Geriatric 5Ms*

Pre-Recorded Educational Courses Available on the NCOTA LMS Online Platform 1.0 CEU

AOTF: Advancing the Science of Occupational Therapy

WFOT: Organizational Updates

NCOTA 2023 Fall Conference

November 4, 2023 | *Poster Session*

N106 Room 235

A Hygiene and Grooming Program for FLI Students

Gabby Barrow, OTA/S, Skylar Huneycutt, OTA/S, Sydney Jackson, OTA/S, & Jacob Neil OTA/S

Adapting Camp Tekoa - Foothills to Become More Accessible for Campers with Sensory Needs

Anna Wagoner, OTD

Building a Successful Alumni Program at Rowan-Cabarrus Community College

Natalie A Gregory, OTAS, Elizabeth Salisbury, OTAS, Brookelynn Nanney, OTAS

Development of a Virtual Dementia Tour for Health Science Students and Faculty at Southwestern Community College

Peggy Vos, OTR/L, Sarah Jane Blackburn OTA/S, Marissa Dean OTA/S, Jessica Koch OTA/S, Abigail Plemmons OTA/S

Dissociative Identity Disorder and Sensory Processing Patterns During ADLs: A Case Study

Stephanie Timmons, OTD/S



Effectiveness of Therapeutic Drumming in RCCC Thrives

Marissa Blackwelder, OTAS, Sierra Ratliff, OTAS, Jessie Seel, OTAS, Summer Stamey, OTAS

N106 Room 236

Ethnic and Racial Disparities in the Association between Type 2 Diabetes Mellitus and Dementia

Halle Kahlenberg, Susan Avila Misciagno, OTD, OTR/L, BCG, C/NDT, and Michael R. Jiroutek, DrPH, MS

Evaluating the impact of an occupational therapy acute care course on knowledge, confidence, and career trajectories for Duke OTD students

Sydney Mitchell, MSOT, OTR/L, Melissa Kandel, OTR/L, BCPR, Cambey Mikush, OTD

Feasibility of the REAL Virtual Learning System for the RCCC OTA Program

Sarah Davis, OTA/s, David Cook, OTA/s, Angel King OTA/s

Impact of Video Storytelling on Community-Dwelling Older Adults

Erin Jeffords, OTD, MS, OTR/L, CBIS, TyQuisha Gwynn, OTS, Leigha Harbert, OTS, Jonathan Moncada, OTS, , Kiana Schumacher, OTS, Lauren Settler, OTS

Impact of Vocational Opportunities for Individuals with Different Abilities

Aliza Simpson, OTA/S, Mackenzie Lyon, OTA/S, Celeste Kirkman, Moriah Lane

OT 1 st Service Delivery Model for Age-related Macular Degeneration: A Quality Improvement Project

Fay J. Tripp, MS, OTR/L, CLVT, CDRS

N106 Room 237

Occupational Therapy and the Americans with Disabilities Act: Examining Practitioners' Knowledge, Attitudes, and Implementation

Ellen Cahoon & Anne Dickerson

Pathways to Occupational Therapy: Experiences of LGBTQIA+ Practitioners

Alexis Jessup, MS, OT, Stephanie Berkowitz, MS, OT, Linn Wakeford, PhD, MS, OT/L

Perception of occupational therapy practitioners on post-stroke education modules

Dr. Sanchala Sen, OTD, MS, OTR/L, BCPR, Lauren Chamblee, OTS, Alyssa Shores, OTS, Chelsea Spears, OTS, Domonique Momon, OTS

Relationship Between Performance Anxiety and Mindfulness Among Baseball Players

Marc Bartholdi OTD, OTR/L, CHT, Kennedy Speights, OTS, Jordan Thomas, OTS, Jamie Hunt, OTS, Caitlin Wichnoski, OTS



Routines and Attitudes of Smart Phone and Tablet Use for Social Participation among Older Adults

Chelsea Conrad, OTS, Maya Dupree, OTS, Deja Myers, OTS, Monica Le, Amanda Davis, OTD, OTR/L

Screening Driving Capacity with the Drive Safe Drive Aware Mobile Application: Applications in Telehealth

Ellen Cahoon & Anne Dickerson

N106 Room 238

Spatial Neglect is Not a Visual Field Defect: A Guide for Clinicians

Kimberly Hreha, EdD, OTR/L, Lunar Singsomphone, OTS-D

Stress Management Training for Occupational Therapy Students in an Academic Hybrid/Bridge Program

Kayleigh Fessenden, OTD, OTR/L

Understanding Latinx Practitioners' Paths to Occupational Therapy

Kierra Peak, Francy Pachon-Marin, Lawrence Brown, MS, Khalil Curry, MS, Emily Danes, MS, Jordan Gee, MS, Madison Klinge, MS, and Sarah Love, MS

Understanding the Meaning of Leisure for African American Adults

Chinno D. Ingram, DrOT, MS, OTR/L, PTA, Clinical Associate Professor, Anthony Barnes, OTS, Hayden Glenn, OTS, Tanaijah Rutledge, OTS, Julia Sartori, OTS, Jacob Wiles, OTS

Understanding a Strengths-Based Approach in a Workplace

Emily Duenas, OTD-S, Justina Kutmen, OTD-S, Brecka Erdmann, OTD-S, Yesenia Terrell, OTD-S

Using a Growth Mindset and Mindfulness to Create Stronger Outcomes

Sherry Stancliff, OTD, OTR/L, SCSS



NCBOT Scavenger Hunt

Visit the Exhibit Hall in the Atrium on Saturday, November 4, 2023 to locate the answers!

1. True/False: If an Occupational Therapy Practitioner did not complete the required 15 CCA hours by June 30, 2023 for renewal; is the practitioner required to add the missing hours to the July 1, 2023 – June 30, 2024 renewal year?
2. If an OTA has several supervisors, which one is named when the online renewal application is completed?
 - a. The OT that the OTA has been assigned to by the dept supervisor.
 - b. All OTs that have deemed the OTA competent to provide treatment.
 - c. It does not matter who is put on the renewal form.
3. What is NBCOT?
 - a. It is the state agency that protects the public health, safety and welfare for those receiving OT services and establishes the fitness of applicants for licensure.
 - b. It is the national organization that certifies the validation of the knowledge essential for the effective practice of OT.
 - c. It is the state professional association that advocates, educates and communicates for occupational therapy.
4. What is NCBOT?
 - a. It is the state agency that protects the public health, safety and welfare for those receiving OT services and establishes the fitness of applicants for licensure.
 - b. It is the national organization that certifies the validation of the knowledge essential for the effective practice of OT.
 - c. It is the state professional association that advocates, educates and communicates for occupational therapy.
5. The NCBOT must be notified when there is a change in name, residence, trade name, business address or mailing address within _____ days.
 - a. 7
 - b. 10
 - c. 15
 - d. 30
6. The NCBOT must be notified when an OT practitioner is involved in a civil suit related to the licensee's OT practice within _____ days.
 - a. 7
 - b. 10
 - c. 15
 - d. 30
7. Which of the following is a TRUE statement regarding telehealth in NC?
 - a. An OT Practitioner is not required to be licensed in NC if the practitioner is providing telehealth services to a NC client.
 - b. The OT Practitioner who is in NC and does NOT provide OT services to clients in NC does NOT need to be licensed in NC.
 - c. The OT Practitioner who is in NC but provides OT services to clients in a state other than NC is required to follow the NC laws and regulations.
 - d. The OT Practitioner licensed in NC may only provide OT services to a client in NC if the OT practitioner is in NC.
8. True/False: All members of the NC Board of OT are appointed by the Governor and must be residents of the state during their appointment.



**NCBOT Scavenger Hunt
(CONTINUED)**

9. True/False: OTAs who have less than one year of experience are required to have daily direct contact with the OT supervisor.
10. Can an OTA contribute to the client's initial evaluation?
 - a. No, only the OT can do the initial evaluation.
 - b. Yes, as long as the OTA has demonstrated competence for the specific delegated assessment.
 - c. Yes, the OTA can complete the initial evaluation as long as the OT signs it.
11. True/False: If I forget to renew my license; once corrected and I become licensed again, it is backdated to the start of that renewal cycle, July 1.
12. Is NCBOT certification necessary for NC licensure?
 - a. No, it is optional.
 - b. Yes, you have to obtain initial certification but do not have to renew it for NC licensure.
 - c. Yes, you have to obtain initial certification and have to maintain it for NC licensure.
 - d. None of the above is correct.
13. Where can I find if any rule changes are being considered by the NCBOT at www.ncbot.org?
 - a. On the NCBOT landing page.
 - b. Under Practitioner: Information Update.
 - c. Under Board Information.
 - d. Under News and Announcements.

2023 NCOTA Fall Conference Schedule

Detailed Educational Courses

FRIDAY, NOVEMBER 3, 2023

12:30-1:00 Registration

1:00 – 5:00 Pre-Conference Institutes



1A. Effective Teaching Strategies to Enhance Student Success in Occupational Therapy

Sanchala Sen, OTD, MS, OTR/L, BCPR, Dr. Megan Edwards Collins, PhD, OTR/L, FAOTA, CAPS, CFPS. Additional speakers: Dr. Cynthia Bell, Dr. Tina Webb, Ms. Allison Calhoun, Dr. Chinno Ingram, Dr. Jeffery Lucas
Education & Research | **Intermediate**

This presentation will examine strategies learned by several educators of an MSOT program who participated in teaching and course development. The purpose of this workshop is to share effective learning strategies in higher education that apply to in-person, hybrid, and online classes. They will share how they incorporated these learned techniques to improve student success and outcomes.

1B. Advocacy in Practice: Delivering Value in Acute and Post-Acute Care

Carol Siebert OTD, OT/L, FAOTA
Gerontology, General | **Novice, Intermediate, Advanced**

Acute and post-acute care is changing. QPP, PDPM, PDGM, and value-based purchasing have produced major shifts in healthcare—not only in payment but in how care is designed and evaluated. Occupational therapy practice and practitioners are affected. This session focuses on how value is being defined in acute and post-acute care settings, and how value affects payment, staffing, and ultimately practice. Participants will learn how to review their facility's quality metrics, identify opportunities for occupational therapy to contribute to value, and to formulate a plan for advocacy and action specific to your practice settings. Whether you are an OT or OTA, have practiced for 2 years or 20, you will leave with knowledge and skills to deliver value in your practice setting.

SATURDAY, NOVEMBER 4, 2023

7:30-8:00 Registration

8-8:15 Welcome & Introductions

Sydney Mitchell & Charity Faragoi, NCOTA Continuing Education Co-Chairs
Debb Dorsett, NCOTA President

8:15- 9:15 Organizational Updates

NCBOT Updates by Laura Echols
NBCOT Updates by Alicia Singh



AOTA Board Updates by Amy Mahle

AOTPAC Updates by Clarice Grote

AOTF Updates by Lawrence Liff and WFOT Updates by Susan Coppola available online.

9:30-10:30 Keynote Address by Ashley Perkinson, NCOTA Lobbyist

Advocacy for Occupational Therapy: How You Can Be a Part of the Action

10:30-12:30 Exhibitor Hall | AT Competition 10:30-11:15 | Poster Session 11:15-12:00

1:00 – 2:30 Short Course Session 1

1A. Behavioral Activation and OT: What is it and how do we use it?

Valerie Fox, PhD, OTR/L, CPRP

Mental Health | **Intermediate**

Behavioral Activation is a therapeutic approach, originating from Cognitive Behavioral Therapy, that aims to increase engagement in pleasurable activities to support mood. BAT strongly aligns with occupational therapy and our focus on doing. Occupational therapy practitioners are using BAT to address low vision, pain, and chronic conditions, in addition to primary mental health diagnoses. This presentation will review BAT concepts and showcase tools and strategies that can be used in occupational therapy sessions to support doing and wellness.

1B. NBCOT® National Certification Exam: Information You Need to Know

Taz (Tae-Sun) Kang, MSOT, OTR/L, NBCOT Ambassador for North Carolina

Student-focused | **Novice**

During this session, an NBCOT Ambassador will share valuable information about preparing and applying for the national OTR and COTA certification exams. Specific topics include exclusive details about the exams, study tool resources, test day information, data regarding exam questions, and advice from other students and recent certificants. This presentation will allow you to be better informed about the various aspects of the national certification exam experience.

1C. Role of OT in Diabetes Self-Management in Acute & Post-Acute Settings

Carol Siebert, OTD, OT/L, FAOTA

General | **Novice, Intermediate, Advanced**

Occupational therapy practitioners In acute and post-acute settings often see patients who have diabetes, many of whom need occupational therapy due to complications of poorly managed diabetes. This session provides an overview of diabetes self-care, the relationship between effective diabetes management and daily activities, and the role occupational therapy can play in supporting more effective diabetes self-management in acute and post-acute practice settings.

1D. How to Use Inclusive Speech & Writing to Enhance Patient Interactions & Health Literacy

Theresa Hallenen DHSc(c), MS, OTR/L, CHT

Administration & Leadership | **Novice, Intermediate, Advanced**

This presentation will increase awareness of health literacy as a barrier to healthcare and healthy lifestyles in clients. Specifically, how occupational therapy practitioners can recognize the health literacy barrier, support the client, and adjust the delivery of health information to meet a client's individual needs. By the end of this presentation, the occupational therapy practitioner will identify barriers and create actions to improve client communication exchanges. This topic is supported throughout a PowerPoint presentation, case examples, small and large group discussions.

1E. Making the Non-Clinical Transition: The What, Why and How - Panel Discussion

Yolanda Ortiz, COTA/L

General | **Novice**

If you've been curious about non-clinical career paths where you can still utilize your OT/OTA education, looking for a break from physically demanding rehab settings or just feeling burnt out and want to explore what else you can do with your OT/OTA degree, then this panel session is for you. In this panel we will first discuss the prevalence of clinicians leaving clinical work, reasons why clinicians are leaving and the benefits of exploring non-clinical work. During the panel, participants will hear from therapists that have made the non-clinical transition to a variety of different roles. Panelists will discuss what prompted their change, how they prepared for the next step, what positions they transitioned to and their personal tips for making the transition. Throughout the panel there will be time for interaction with panelists with Q&A.

1F. "Flip Your Lid"- Application of Dr Siegel's principles to Occupational Therapy for all Clients"

Cathy Zanowski, OT/L

Home Health, Children & Youth, Education & Research, Physical Disabilities, Gerontology | **Intermediate**

This presentation will be a basic introduction to the work of Dr Dan Siegel and his neurobiological approach to understanding the brain and how it can be impacted by stress, trauma and sensory integrative issues. We will learn his well- researched techniques for moving into our "thinking brain" and developing resiliency. Participants will be able to immediately utilize these concepts and techniques both in clinics and classrooms and for personal growth and resiliency. As all Occupational Therapy Practitioners need to be lifelong learners to provide the best outcomes for our clients, you will want to learn more about the many contributions that Dr Dan Siegel has made in the field of neurobiology and the ease of applying these findings in our clinical work.

1G. The Conetoe Summer Camp Immersive Experience

Kayleigh Fessenden, OTD, OTR/L, Jennifer Smith, & Tiffany Wright

Children & Youth | **Novice**

This presentation will introduce the audience to the Conetoe Summer Camp Experience. This experience immerses occupational therapy students at Cabarrus College of Health Sciences into a rural setting working with underserved children for a Level 1 Fieldwork in their pediatric course. The presentation will include the behind-the-scenes community partners included in the experience, the fieldwork component and how it relates to practice as well as the student perspective and learning opportunities of the experience.

2:45 – 4:15 Short Course Session 2

2A. It's Time to Take Care of You! Self-care for Occupational Therapy Practitioners & Students

Sherry Stancliff, OTD, OTR/L, SCSS, Amy Mahle, EdD, COTA/L, ROH, & Cathy Zanowski, OT/L

General | **Novice**

Occupational therapy practitioners and students are experiencing stress and the balance of work, education, leisure, and play is increasingly difficult to achieve. Stress decreases individuals' abilities to manage the demands of practice settings, clients, and families. Research indicates that building resilience is key to managing stress and taking care of oneself. This session will allow the occupational therapy practitioner or student to participate in research-based methods of building resilience to rejuvenate one's effectiveness as a practitioner or student.

2B. Inclusive Spaces: Welcoming Diverse Students in Clinical Education Settings

Linn Wakeford, PhD, MS, OT/L, FAOTA, Reeti Douglas, OTD, OTR/L, & Sanchala Sen, OTD, MS, OTR/L, BCPR

DEI, General, Student | **Novice, Intermediate, Advanced**

OT and OTA students understand their fieldwork placements and capstone experiences as opportunities to practice and learn in unique real-life settings, and often enter those placements with a mixture of excitement and anxiety (Lukwago & Killian, 2022). Those with diverse identities may have concerns about how their diversity could impact their experiences, and many do face challenges. In this session, we will examine diversity-related challenges experienced by both students and clinical educators, and engage in a problem solving process to address these challenges. This session is intended for students, clinical educators, fieldwork and capstone coordinators, OT/A program educators, and any others who feel it may be useful in their setting.

2C. Eye Don't Know What To Do: Assessments & Interventions for Oculomotor Control

Krista Hodges, OTR/L, CBIS, CSRS & Brittany Rudd, OTR/L

Physical Disabilities | **Intermediate**

Do you work with clients with visual deficits? Do you feel like you under-address vision because you do not know what to do? Do you wish you had more tools in your toolkit? During this course, you will learn the unique role of the occupational therapy practitioner as it relates to vision. You will be able to confidently assess vision, specifically oculomotor control, with low-cost and easily accessible materials. You will be able to identify appropriate interventions to compensate or remediate visual deficits to improve occupational performance. With the use of video case studies, you will learn how to document qualitative observations of client performance using a customized template that will be provided for you to take back to your clinic.

2D. Turn Down The Lights! - Inclusive Healthcare for a Neurodiverse Adult Population

Alison (Ali) Pedrick, OTD, OTR/L

General | **Novice**

Many healthcare professionals have little or no experience working with neurodivergent individuals, specifically autistic adults. Their lack of experience and/or confidence working with this population can create a barrier to access for autistic adults and can lead to healthcare inequities and health disparities. This presentation will discuss the results of a needs assessment related to autistic adults' experiences with primary healthcare services. The needs assessment includes quantitative data collected from a national survey of autistic adults 18 to 40 years old (n=55), and qualitative data from interviews with family nurse practitioners in a primary care setting and 2 semi-structured focus groups of autistic adults. This presentation will also describe an advocacy toolkit to promote inclusive changes in healthcare service delivery for a neurodiverse adult population.

2E. Why not 3D print the splint: An Alternative to Traditional Splinting

Chinno D. Ingram, DrOT, MS, OTR/L, PTA, CEAS

Technology | **Novice**

This presentation will introduce OT practitioners and students to emerging 3D scanning, AI software, and 3D printer capabilities for splinting. Occupational therapy practitioners and students are traditionally educated on splint making during their educational programs. Most of the training focuses on various labor-intensive techniques that use a variety of thermoplastics to immobilize joints for healing, participation, and/or protection. This process has often been associated with decreased productivity and limited reimbursement in OT practice. In recent years engineers and medical practitioners from various disciplines have developed a modern technique for splint making using AI and 3D scanning technologies. The new technique for splint making allows occupational therapy practitioners to remain productive,

reduce the risk for injury, while providing a client specific splint.

2F. OT Scope and Intervention Strategies in Palliative Care

Melissa Keith, MSOT, OTR/L
Gerontology | **Novice**

The purpose of this short course is to discuss the emerging role that occupational therapy practitioners play in the provision of palliative care services, discuss criteria that could define a client appropriate for occupational therapy evaluation and intervention in this population, highlight different treatment approaches and intervention strategies, and provide tangible resources to take back to practice. This short course will demonstrate the importance of including occupational therapy practitioners when constructing a multi-disciplinary palliative care team, and will empower the occupational therapy practitioner to integrate palliative care services into their practice.

2G. Accessibility, Telehealth, and entrepreneurship

Amy Siegler
Technology, Student | **Novice**

Telehealth is an emerging practice area within OT, but most therapists aren't sure how to use it or where to begin. During this session, we will discuss best practice, how to incorporate it into practice, and the ethics/morals behind telehealth.

2H. Baby Talk: Using Occupational Therapy to Support the Whole Baby

Nicole Bazinet, MS, OTR/L, CNT, NTMTC
Children & Youth | **Novice**

Babies may not have jobs, but they do have occupations. Traditionally, occupational therapy has been an underutilized resource for infants and their families. Oftentimes, children do not receive occupational therapy referrals until toddlerhood when there are significant fine motor delays or sensory processing challenges. During this short course, we will use the Occupational Therapy Practice Framework to showcase our broad scope of practice and demonstrate the value of occupational therapy services for infants and their families. Participants can then use this information to expand their practice and also advocate for increasing OT services within their communities.

4:30 – 6:00 Short Course Session 3

3A. Intellectual/Developmental Disabilities and Substance Use Disorder: A Curriculum for recovery

Peggy S Terhune, Ph.D, MBA, OTR/L
Mental Health | **Novice, Intermediate, Advanced**

Many people with I/DD cannot access substance use treatment, but in fact may use substances to manage pain, isolation, or other issues. To our knowledge, there is no curriculum for these individuals in the US, and very minimal publications regarding this topic. Studies estimate about 5% of the 7 to 8 million Americans with intellectual disabilities suffer from a substance use disorder (therecoveryvillage.com). Therefore we are attempting to provide a curriculum that meets the cultural needs of multiple populations, provides access (online), and provides treatment to people for whom there is no treatment. The curriculum was created based on feedback from a 14-person group of self-advocates as experts as well as an OTR and a therapist expert in SUD. It is free and online.

3B. How To Market Yourself as A New Occupational Therapy Professional

Madison Kolotello OTD, OTR/L, CDP, CGCP

Student | **Novice**

As a new graduate occupational therapy practitioner it can be hard to stand out against other new graduates in regard to applying for your first job. This session will inform participants how to evaluate the skills each new graduate has that make them different from others. During the session participants will begin the process of increasing their skill to market themselves to others. Every new graduate has different experiences that make you unique and this is a way to articulate that and increase your personal confidence about what you bring to the table.

3C. An Occupational Perspective on Navigating Food-Related Occupations for Adults with ADHD

Peyton Gemmell, OTD-S2

Mental Health | **Novice**

Adults with ADHD experience occupational issues due to challenges with inattention, hyperactivity, impulsivity, planning, motivation, sensory processing, and others. Food-related occupations (e.g., eating, meal preparation, grocery shopping, cooking, food storage/organization, cleanup) are often especially challenging and there is a gap in the literature documenting the experience. This study documents first-person narratives of adults with ADHD describing their food-related occupational issues and strategies to overcome those issues on TikTok, a social media platform. TikTok was searched using food-related occupational terms (e.g., cooking, grocery shopping) and ADHD. Detailed notes were taken on the video content and user interactions. Content analysis is ongoing. The findings highlight a range of food-related occupational issues and solutions occupational therapy practitioners can implement to support clients with ADHD.

3D. Brachial Plexus Assessment and Intervention: Where do I begin?

Marc Bartholdi, Erin Quicker, & Thomas Curry

Children & Youth | **Novice, Intermediate**

The brachial plexus is a network of nerves that supply sensory and motor control to the upper extremity. Injuries can occur to this network of nerves through birth, trauma, or gradual onset through conditions or diseases. This course will review the brachial plexus, discuss common conditions, explore assessment strategies to help the practitioner evaluate the brachial plexus and discuss treatment options to address these injuries and conditions. Participants should come prepared to expose their shoulders for lab participation.

3E. Edema and Lymphedema Management Strategies for Inpatient Practice

Jessica Brown, OTR/L, CLT & Shara Scher, OTR/L, BCPR, CLT

Physical Disabilities, General | **Intermediate**

Short course addressing general edema management strategies for occupational therapy practitioners, as well as overview of identifying and treating clients with lymphedema in inpatient settings. This course will review lab values, indications and contraindications, and therapeutic interventions for edema management. Also discussed will be identification of lymphedema, how complete decongestive therapies in inpatient setting may be utilized to improve outcomes, and what education to provide or how to refer for appropriate follow-up care to ensure risk reduction and best practices and reduce admissions for cellulitis, wounds, and other complications of lymphedema.

3F. Upstander Training: Advocating for Self and Others

Linn Wakeford, PhD, MS, OT/L, FAOTA, Reeti Douglas, OTD, OTR/L, & Sanchala Sen, OTD, MS, OTR/L, BCPR

DEI, General, Student | **Novice, Intermediate, Advanced**

Most of us have experienced an interaction that made you or someone else uncomfortable because it included verbal or non-verbal bias, dismissal, discrimination, intimidation, racism, or other unacceptable interpersonal behavior. Some of us may have been the target of that behavior, and certainly emotions can go far beyond discomfort in these situations. However, research shows that these types of



behaviors and interactions often catch people off guard, and that in the moment it can be difficult to generate an effective response. The goal of this workshop is to empower students, clinicians, educators, and others to respond to “stand up” for themselves and others when confronted with disrespect, microaggression, harassment, and/or discrimination, by equipping them with strategies to use as an “upstander.”

3 G. Empowering Lives through OT Advocacy

Amy Siegler & Clarice Grote

Education & Research, Student | **Novice**

Occupational Therapy (OT) advocacy involves actively promoting changes and improvements in various aspects of the healthcare system to enhance the accessibility, quality, and effectiveness of occupational therapy services. In relation to changing healthcare, the NC OT advocacy team is focusing initiatives on healthcare changes that impact the OT field, reimbursement, fee schedule changes, telehealth, and overall the impact OT is having on the communities we serve.

SUNDAY, NOVEMBER 5, 2023

7:30- 8:00 Registration

8:00 – 9:00 SIS Breakout Sessions

Children & Youth SIS | Advocating for Evidence-Based Practice in Pediatric OT

Children & Youth SIS members will explore the 2023 "Occupational Therapy Evidence Inventory" from the NYC Department of Education, assessing common intervention practices in pediatric occupational therapy, and consider strategies for "de-implementation" of non-evidence-based practices.

Home & Community Health SIS & Physical Disabilities SIS & Gerontology SIS | Initial and Transition Entry in Occupational Therapy Practice Settings: The Good, Bad & Ugly

Collaborative session with Home & Community Health, Gerontology and Physical Disabilities SIS discussing positives and negatives of occupational therapy in settings such as SNF, hospital/acute care, HH, outpatient, etc. and areas within each setting that require OT advocacy. Participants will have the opportunity to engage in dynamic discussion.

Administration & Leadership SIS | Let's Refine Leadership

A collaborative, working session on aligning how NCOTA defines leadership with the AOTA vision

Technology SIS | Let's Chat About Opportunities and Barriers for Telehealth in NC

In this breakout session participants will have the opportunity to engage in dynamic discussion about the current state of telehealth legislation and service provision in North Carolina. We will address concerns related to telehealth legislation and service provision, and explore opportunities and resources for improving clinical competency and advocacy for client access to telehealth services.

Education & Research SIS | Love It or Lose It: Applications in OT/OTA Education

In this breakout session participants will have an opportunity to share in a positive, open dialogue about current trends in OT/OTA education. Participants are invited to a collaborative discussion as we share what's working and what's not in preparing our future occupational therapy practitioners.

9:15 – 10:45 Ethically Advocating for your Clients

Brenda Kornblit Kennell, OTR/L, FAOTA & Kimberly Conrad OTD, MS, OTR/L

In today's diverse society, individuals are frequently exposed to a multitude of messages that provide guidance on their behavior, thoughts, beliefs, and actions. This can present challenges for everyone, especially when they also navigate physical, emotional, cognitive, or societal obstacles. It is incumbent upon occupational therapy practitioners to advocate and support their clients while empowering them to self-advocate. This year's ethics presentation aims to enhance your understanding of inclusive and non-discriminatory communication with your clients, as well as equip you and your clients with techniques to advocate for justice, equity, diversity, and inclusion. All of these endeavors align with the principles set forth in the AOTA Code of Ethics 2020. Scan the QR code to the right side to access the handout for this session.



11 – 12:30 Short Course Session 4

4A. OTAs in Action - Leadership and Advocacy for the OTA

Megan Luckette, COTA/L

Administration & Leadership | **Novice**

This session will provide attendees with the tools and resources/information required to become an advocate and leader in the occupational therapy community. Learners will explore a variety of avenues to become involved in leadership activities at the community, state, and national level. They will learn about the benefits and challenges to taking on leadership roles, and how to navigate their continued professional growth to expand their capacity for leadership. This course is designed to give the practicing occupational therapy assistant the information needed to become a confident leader and advocate in the occupational therapy community.

4B. Decreasing Racial Disparities in the ICU Environment: A Therapeutic Approach

Raven Y. Hill, OTR/L

General, Physical Disabilities | **Intermediate**

Racial and ethnic disparities persist in the ICU environment. The reasons for this are multifactorial--they are related to differences in provider preferences, patient/family preferences, and a host of differences in socioeconomic factors (gender, housing access, education access, insurance status, etc.). It is our responsibility as occupational therapy practitioners to remain aware of current evidence about how disparate care affects our patients so that we may continuously construct action-oriented strategies to combat these issues.

4C. Advocating for Health and Wellness: Where does OT “fit” in Fitness?

Charity Faragoi, COTA/L, CPT, OTS

General | **Intermediate**

This course will teach the importance of basic knowledge of physical fitness and nutrition to the average occupational therapy practitioner. This course discusses where and how OT can be involved in physical fitness as well as incorporating it into everyday practice. This course will demonstrate ways to use interprofessional relationships to make a lasting difference with the client.

4D. What a Generalist Practitioner Needs to Know About Wheelchairs

Amber L. Ward, MS, OTR/L, BCPR, ATP/SMS, FAOTA

Physical Disabilities, Technology | **Novice, Intermediate**

Most clients of all ages have the desire to mobilize and move safely through their environment; disability, whether short or long term, can impact mobility and mobility-related tasks. ALL practitioners, students, and educators have the responsibility to be able to educate on and provide basic services and therapy related to mobility, especially with a shortage of qualified wheelchair seating specialists. This session will educate on basic features and differences between chairs, simple repairs, who to call for issues, how to educate and train to use the wheelchair, what is possible in various chairs, how to make changes, documentation secrets, and generally, how to meet client needs without “passing the buck”. We will learn tips and tricks to increase comfort with mobility products at all levels.

4E. OT's Role in The Geriatric 5Ms

Hannah Barrett & Benjamin Triplett

Gerontology | **Novice**

This session focuses on providing participants with a deeper understanding of the Geriatric Framework the 5Ms: Mind, Mobility, Medications, Multi-complexity, and (what) Matters most. Not only will participants learn about the Geriatric 5Ms Framework but how OT's unique role can add value to the 5Ms. The session will also highlight OT role in interprofessional teams/clinics targeting geriatric population. This session aims to empower occupational practitioners to consider holistic interventions for their geriatric client that will enhance their well-being and quality of life.

2:00 – 3:30 Short Course Session 5

5A. “Fill Your Cup”: A Grant-Funded Pilot Program to Build Resilience in Students

Amy Mahle, EdD, COTA/L, ROH & Sherry Stancliff, OTD, OTR/L, SCSS

Education & Research | **Novice**

Students in healthcare programs are under increased stress, which impacts student wellbeing, retention, and completion. Research indicates that building resilience is key to student success in healthcare programs. Learn how healthcare students at a North Carolina community college benefited from an interprofessional grant-funded pilot program focused on training students to utilize a growth mindset, gratitude, and mindfulness to build resilience for success as a student and future healthcare practitioner.

5B. Preparing OT Minds for Acute Care through Active Curriculum And Simulation

Lauren Hew, OTR/L & Melissa Kandel, OTR/L, BCPR

Additional speakers: Blakelee Tooley, OTR/L, Raven Hill, OTR/L, Sam Hoyle, OTR/L

Education & Research | **Novice**

This short course aims to outline the process of creating a 16-week elective course providing in-depth education on OT in acute care with understanding of how to integrate the Occupational Therapy Practice Framework (OTPF-4) into clinical practice in conjunction with clinical simulation experiences to impact OT students' knowledge, confidence and career plan.

5C. Adaptive Parenting: AT devices for caregivers with physical disabilities

Brittany Hawley, OTR/L, ATP & Christey Kirk, COTA/L, ATP

Technology, Physical Disabilities | **Novice, Intermediate**

Parent/caregiving is a role that most individuals engage in. For individuals with physical disabilities, the experience of helping and/or caring for a child can be daunting, due to barriers/challenges that can arise.

This presentation is geared toward exploring different AT strategies and devices, resources, and the process of choosing AT to help aid with childcare tasks. Professionals in the field of Occupational Therapy will be provided with an overview of the HAAT Model when identifying assistive technology for individuals engaging in childcare tasks. Areas addressed include safe transportation, dressing, bathing, feeding, infant social interaction, etc. This presentation will provide further knowledge/resources on assistive technology supports for caregivers with physical disabilities through exploring articles, evidence-based practice, web pages, and social media supports.

5D. Research as Advocacy: An Ideal Space for Occupational Therapy Practitioners

Khalilah R. Johnson, PhD, MS, OTR/L, Tajze Johnson, MHA, COTA/L & Chinno Ingram, DrOT, OTR/L, PTA, CEAS. Additional speakers: Seth Mitchell, MA, OTR, Rebecca "Becky" Parkin, MA, OTR, SWC, ESDM
Education & Research | **Intermediate**

This short course provides an overview of participatory action research as a mechanism for advocacy for occupational therapy researchers and practitioners. More specifically, presenters will review the key tenets of action research and how they complement the core values of occupational therapy and Vision 2025 (AOTA, 2020); dispel myths about action research development and implementation; and discuss practical ways occupational therapy practitioners can participate in research activities that support a specific cause or position. Examples from occupational therapy practitioners who participated in a health equity research study aimed to improve the healthcare experiences of minoritized people with intellectual and developmental disabilities will be included.

5E. Living Out Neurodiversity Affirming Practice to the Workplace

Brittini Winslow MS, OTR/L & Anna Housman MS, CCC-SLP
Administration & Leadership | **Intermediate**

This session will take a critical look at neurodiversity affirming practice as it relates to the workplace. With more and more individuals identifying as being neurodivergent, knowing the best way to support and embrace neurodivergent staff is more important than ever. We will review how to start the conversation as early as the first interview, setting up support plans for success, readjusting your current policies to be more accommodating, and how our neurodivergent staff add tremendous value to our practice.

5F. Challenges of Reimbursement: Private Practice Updates and Discussion

Clarice Grote
Administration & Leadership | **Novice**

This session will focus on current issues and changes facing private practice clinics. This session will discuss NCOTA advocacy efforts around reimbursement and access to telehealth services. The session will start with a review of updates from the Medicare Physician Fee Schedule such as new caregiver codes and reimbursement reductions. Attendees will then be invited to engage in a town hall style discussion around current issues facing both pediatric and adult private practices in NC and how we can focus our advocacy efforts to better support occupational therapy in North Carolina.

Online Course Offerings

*Course only offered online

***Rekindling the Fire: Compassion Fatigue in OT/OTA Academia**

Heather Beth Johnson & Alyssa Farrell
Mental health, Education & Research | **Novice**

OT/OTA students may experience distress/trauma during their academic career. Academics providing support may experience emotional strain from providing empathy. Creating a self care plan is

vital to combat compassion fatigue and build resilience.

***OT and Perinatal Loss: Connecting the Dots**

Heather Beth Johnson & Katie Arnold

Mental health, General | **Novice**

Perinatal loss often results in various occupational deficits. This course will allow OTPs to recognize their role in treating this underserved population and identify advocacy strategies for the OT profession to fill this healthcare need.

***Revolutionizing Rural Healthcare: Trends, Ethical Considerations, and Occupational Justice**

Stephanie Nicole Biggs Ayers, OTR/L with credit to Nancy W. Doyle, OTD, OTR/L (Boston University affiliated)

Home health, Children & Youth, General | **Novice**

This course will explore disparities in rural health, and how those disparities relate to occupational justice and professional ethics. Innovative practice solutions and advocacy will be highlighted as methods of revolutionizing rural healthcare.

***Advancing Occupational Therapy Through Leadership: Considerations and Challenges**

Stephanie Nicole Biggs Ayers, OTR/L

Administration & Leadership | **Novice**

Both formal and informal leadership roles can be used to advocate, advance occupational therapy as a field and within practice settings, and help promote occupational justice for other practitioners. This session will review informal versus formal leadership, the concept of occupational justice within practice settings and for allied health professionals, ethical and professional considerations for leadership, and how leadership can both result from and provide opportunities for advocacy. Current trends and data related to occupational therapy practitioners and leadership will also be discussed. Participants will be encouraged to consider how they could move into or leverage a formal or informal leadership role(s) as well as to reflect on what type of change or advocacy that they would like to achieve within those roles.

“Flip Your Lid”- Application of Dr Siegel’s principles to Occupational Therapy for all Clients”

Cathy Zanowski, OT/L

Home Health, Children & Youth, Education & Research, Physical Disabilities, Gerontology | **Intermediate**

This presentation will be a basic introduction to the work of Dr Dan Siegel and his neurobiological approach to understanding the brain and how it can be impacted by stress, trauma and sensory integrative issues. We will learn his well- researched techniques for moving into our “thinking brain” and developing resiliency. Participants will be able to immediately utilize these concepts and techniques both in clinics and classrooms and for personal growth and resiliency. As all Occupational Therapy Practitioners need to be lifelong learners to provide the best outcomes for our clients, you will want to learn more about the many contributions that Dr Dan Siegel has made in the field of neurobiology and the ease of applying these findings in our clinical work.

Decreasing Racial Disparities in the ICU Environment: A Therapeutic Approach

Raven Y. Hill, OTR/L

General, Physical Disabilities | **Intermediate**

Racial and ethnic disparities persist in the ICU environment. The reasons for this are multifactorial--they are related to differences in provider preferences, patient/family preferences, and a host of differences in socioeconomic factors (gender, housing access, education access, insurance status, etc.). It is our responsibility as occupational therapy practitioners to remain aware of current evidence about how disparate care affects our patients so that we may continuously construct action-oriented

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OT Scope and Intervention Strategies in Palliative Care

Melissa Keith, MSOT, OTR/L

Gerontology | **Novice**

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OT's Role in The Geriatric 5Ms

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KEYNOTE SPEAKER: Ashley Perkinson

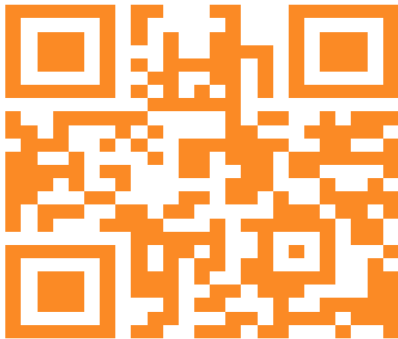
Ashley Perkinson is a lawyer and lobbyist who represents both statewide and national organizations at the North Carolina General Assembly. Ashley was recognized in 2021 by North State Journal as one of North Carolina's top 25 lobbyists. In 2011, Ashley was named by Triangle Business Journal as one of the Triangle's 40 Under 40. Ashley is a Phi Beta Kappa graduate of UNC School of Journalism. She received her law degree from UNC in 2001. Ashley currently serves on the NC Symphony Foundation Board and Governor's School Foundation Board. She lives in Raleigh with her husband Sterling and daughters Tess and Margot.

Please open your cell phone camera and scan the QR code below to view all conference speaker bios!





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Certificate of Attendance

_____ attended the NCOTA 2023 Fall Conference, November 3-5, 2023, and attended the continuing education programs identified on this certificate for a total of _____ hours of continuing professional education in occupational therapy.

Debb Dorsett, MOT, OTR/L, CEIM, NCOTA President, Sydney Mitchell, MS, OTR/L, CNS, CBIS & Charity Faragoi, COTA/L - Continuing Education Co-Chairs

| Educational Session Name (write-in) | Credit Hours |
|--|---------------------|
| Pre-Conference Institute | 4 |
| Organizational Updates <i>NCBOT, NCBOT, AOTA, AOTPAC</i> | 1 |
| Keynote Address | 1 |
| Exhibit Hall, Poster Session, and AT/AE Design Competition | 1.5 |
| Short Course Session 1 | 1.5 |
| Short Course Session 2 | 1.5 |
| Short Course Session 3 | 1.5 |
| Special Interest Section Breakout Session | 1 |
| Ethics <i>Ethically Advocating for your Clients</i> | 1.5 |
| Short Course Session 4 | 1.5 |
| Short Course Session 5 | 1.5 |
| Total Hours Attended | _____ hours |



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_____ participated in the NCOTA 2023 Fall Conference, November 3-5, 2023, by completing the following online, pre-recorded educational sessions identified on this certificate for a total of _____ hours of continuing professional education in occupational therapy.

Debb Dorsett, MOT, OTR/L, CEIM, NCOTA President, Sydney Mitchell, MS, OTR/L, CNS, CBIS & Charity Faragoi, COTA/L - Continuing Education Co-Chairs

| Online Pre-Recorded Educational Session Name | Credit Hours |
|---|--------------|
| Pre-Conference Institute <input type="checkbox"/> | 4 |
| Educational Short Course Session <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | 1.5 |
| Organizational Update <input type="checkbox"/> <i>AOTF: Advancing the Science of Occupational Therapy</i> <input type="checkbox"/> <i>WFOT</i> | 1 |
| Ethics <input type="checkbox"/> <i>Ethically Advocating for your Clients</i> | 1.5 |
| Total Hours Attended | _____ hours |