



Mental Health SIS

Fall 2021 Breakout Session
New Bern, NC

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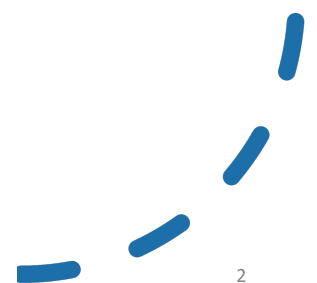
Agenda

Introductions

MH SIS Strategic Goals 2021-2022

Survey results

Discussion






2021-2022 Goals

NCOTA MH SIS



Alignment with NCOTA Board Strategic Plan



Each slide starts with the strategic plan category.

Specific NCOTA board objectives are listed with their corresponding numbers.

The MH SIS goals are listed as bullets under these strategic plan objectives.



Advocacy

#1 Establish streamlined advocacy initiatives for members throughout the year

- Through NC OT AMHP subgroup general meetings - prioritize specific advocacy initiatives and identify goals for the year.

#3 Ensure active involvement of SIS Co-chairs in advocacy endeavors in their established area of practice

- SIS Co-chairs will commit to attending at least 75% of NC OT AMHP general meetings, developing agendas for the meetings, and closely monitor and support the identified advocacy initiatives and goals.



Marketing

#1 To demonstrate the benefit and value of NCOTA to OT/OTA practitioners AND #3 To have a dynamic, accessible, and frequently reviewed website to support membership and effective engagement.

- Review and update the MH SIS website with current information by September 1, 2021 and additionally as needed





Communication

#1 To provide clear, consistent, and intentional communication with members

- Retrieve MH SIS member contact list from NCOTA Administrator
- Email updates to MH SIS members at least once per year - before fall conference, and additionally as needed





Infrastructure

#1 To have a clear, consistent, diverse, and predictable infrastructure; Succession plan and communication processes between outgoing and incoming board members

- Document the process of transitioning to new SIS co-chairs, and support NCOTA board efforts to improve the timing of elections and appointments





Education

#1 Increase educational opportunities and awareness of best-practices

- Support NC OT AMHP “Mental Health 101” series
 - Consider revamping this series to change the name, and add a “seminar level” course for practitioners who are already practicing in mental health or feel more confident than beginner-level
 - Consider a survey to determine needs according to MH SIS members
- Recruit proposals related to mental health for fall and spring conferences, as needed

#2 Establish formal mentoring program to support knowledge expansion and connection for new graduates and/or practitioners changing setting

- Support established formal mentoring program by connecting mentors/mentees within MH SIS membership



2021 Member Survey: Mental Health SIS



Purpose of the Survey

- To gather input from NCOTA members/ OT practitioners for 2021-2023 NCOTA Mental Health SIS strategic planning
- To hear from members about how the Mental Health SIS may better serve their needs
- To address challenges in NC mental health practice

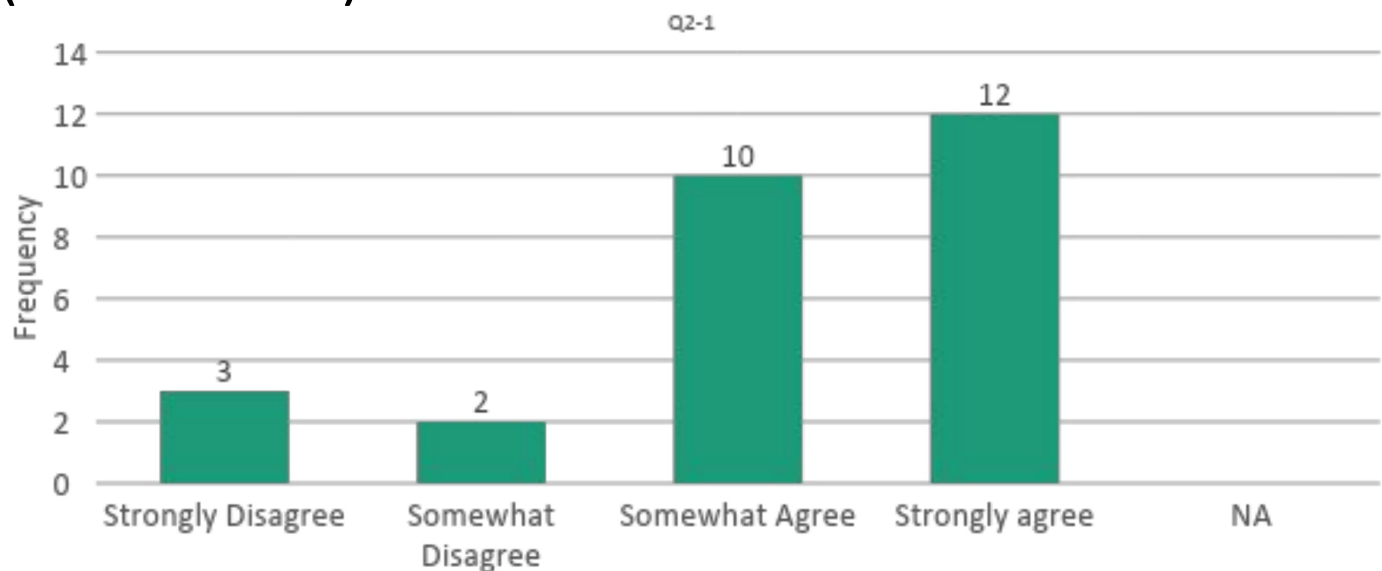


Conducting the Survey

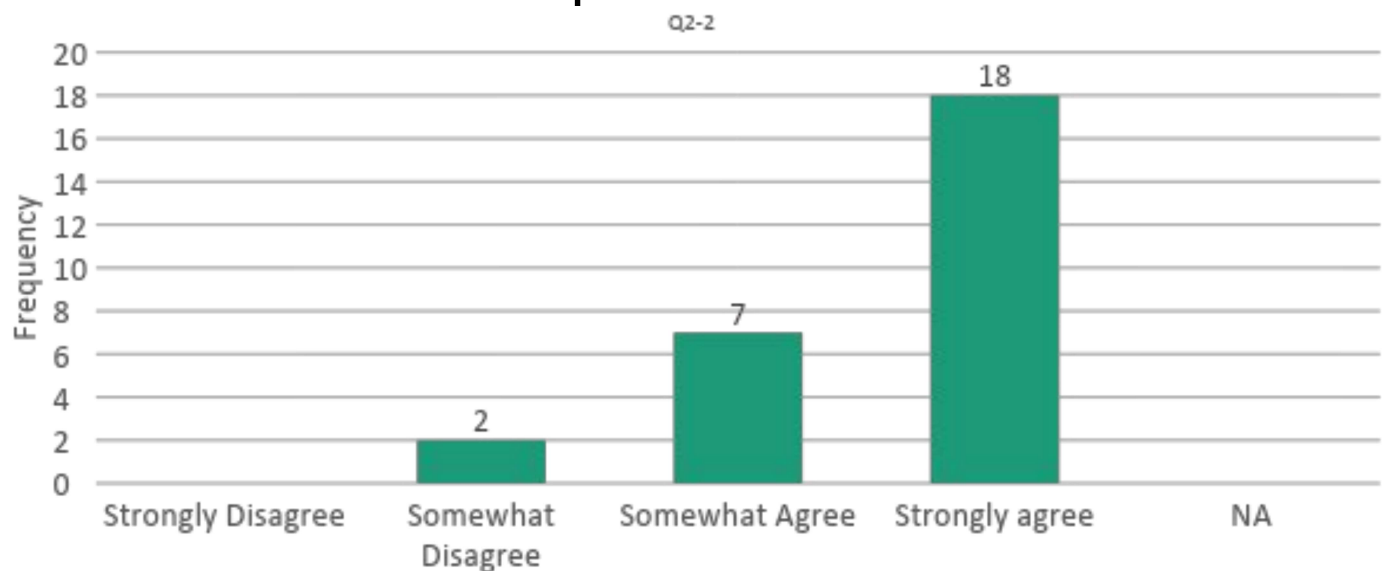
- Time period: 8/28/2021 – 9/30/2021
- Survey invitation email
 - NCOTA members of the Mental Health SIS
 - Roster of the NCOTAMHP (Alliance of Mental Health Promotion)
 - Total # invited: 110
- Other methods of invitation
 - Posted on NCOTA website
 - Survey link forwarded by email recipients
- # of responses: 36
 - Complete: 27
 - Incomplete: 9 (clicked but no responses recorded)
 - Response rate: 32.7% appx.



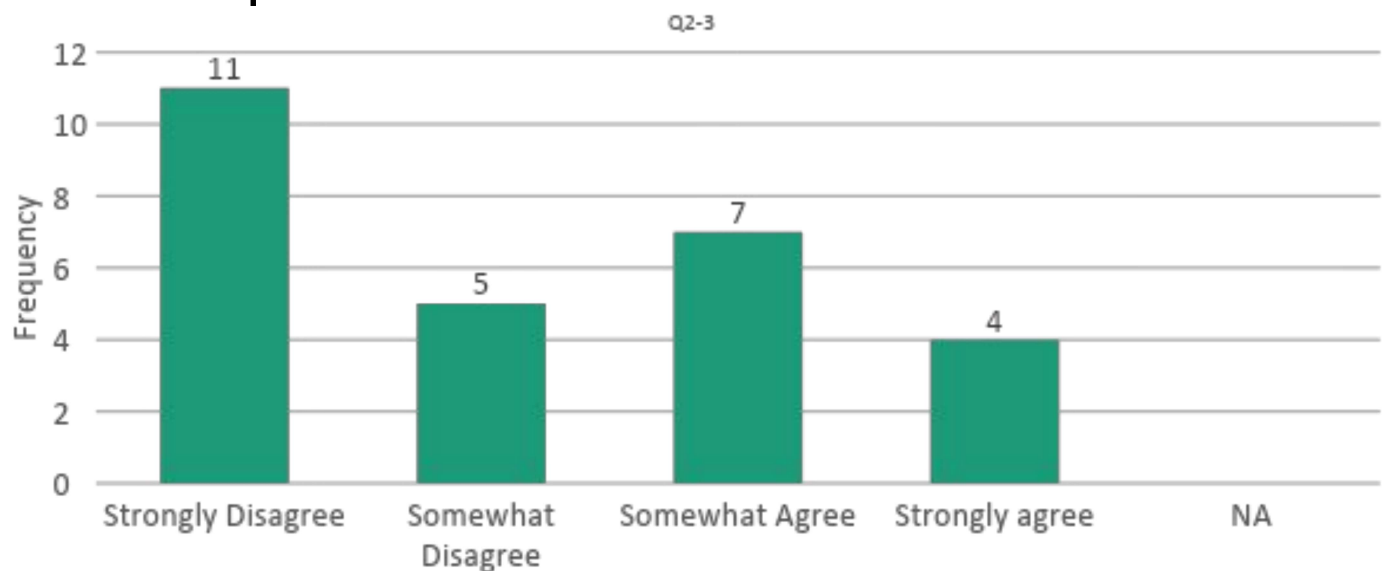
Q2-1. I am familiar with the NC Occupational Therapy Alliance for Mental Health Promotion (NCOTAMHP).



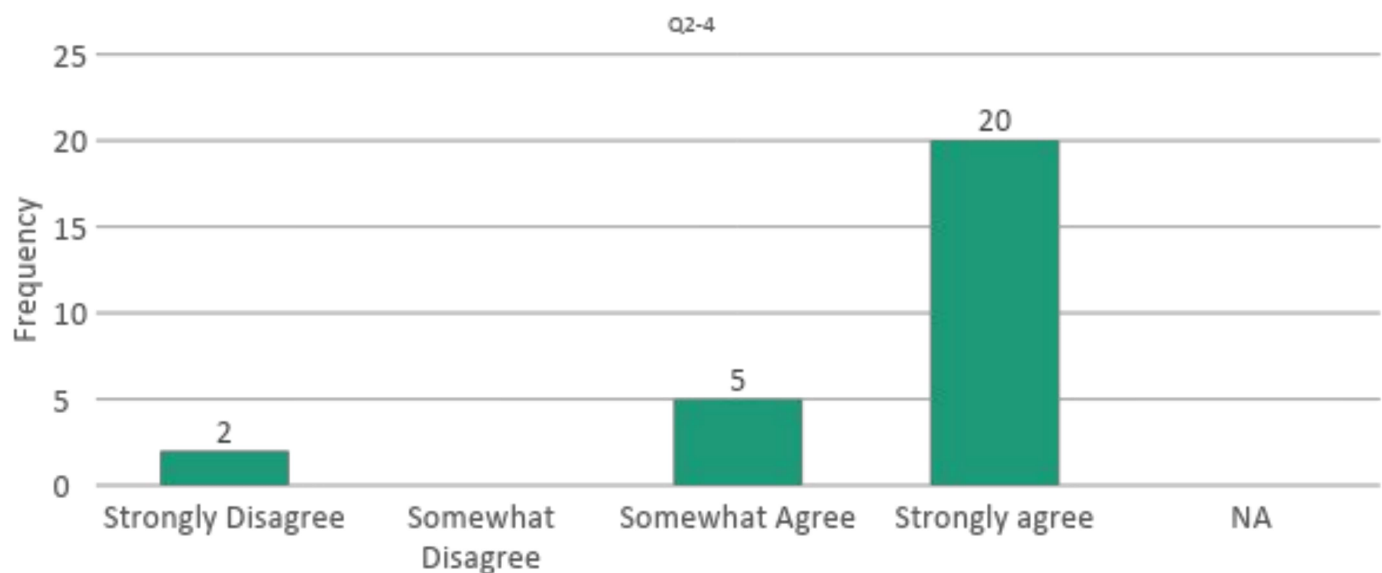
Q2-2. When working with clients who present mental health issues, I feel comfortable addressing their issues as an OT practitioner.



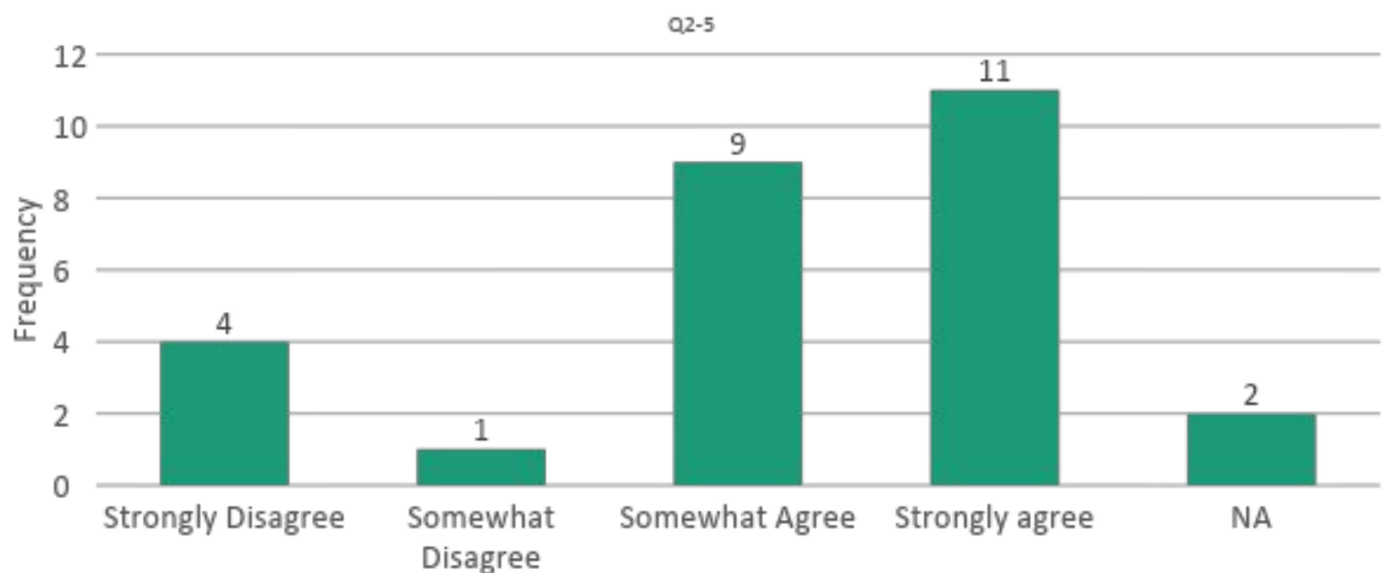
Q2-3. I need to refresh basic principles and techniques of handling client mental health issues as an OT practitioner.



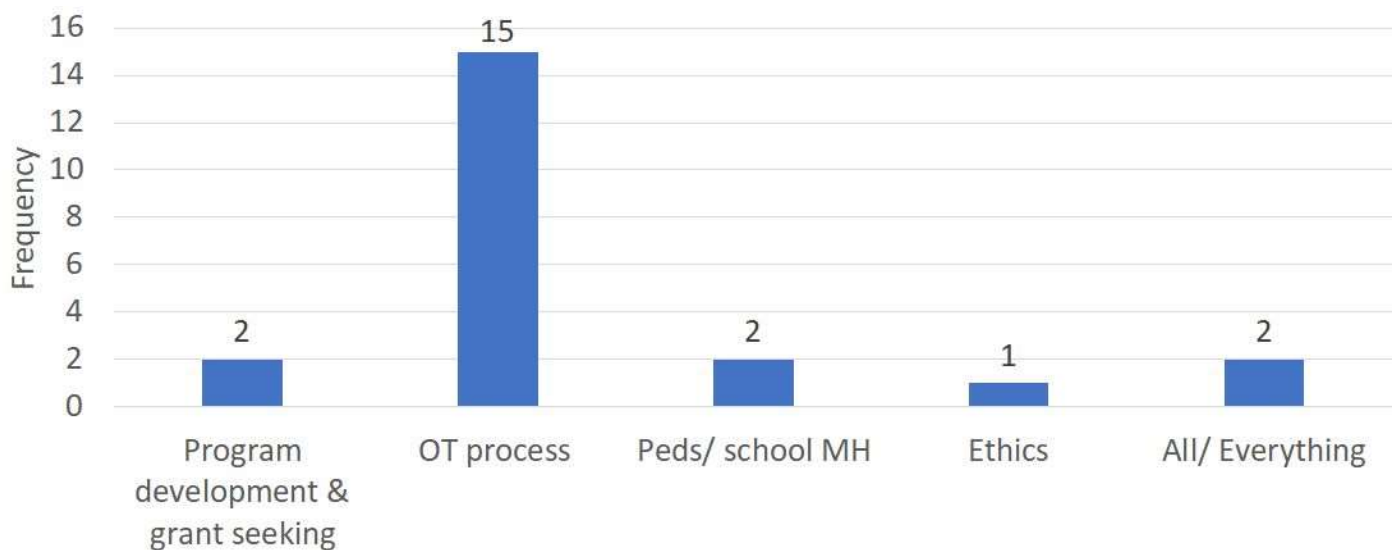
Q2-4. I'm interested in advanced-level continuing education to strengthen my competence to care for clients with mental health issues.



Q2-5. I'm interested in employment opportunities to work with clients with mental illness/ substance abuse issues.



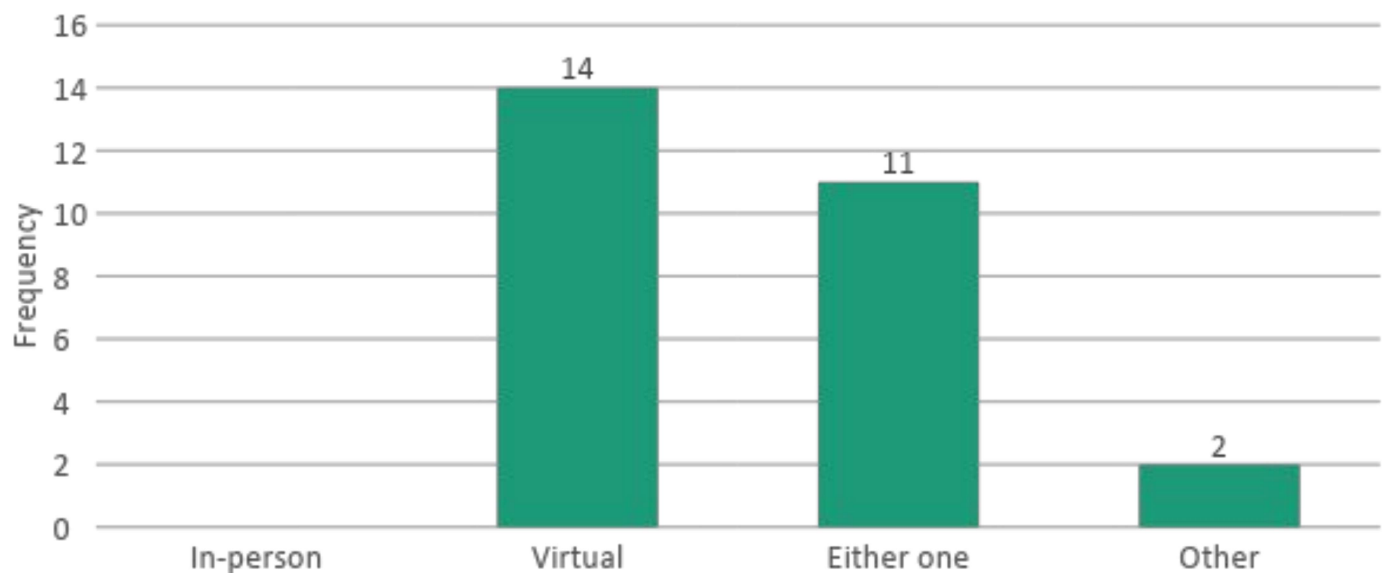
Q3. What topics of continuing education in mental health would you be interested in attending? (n= 21)



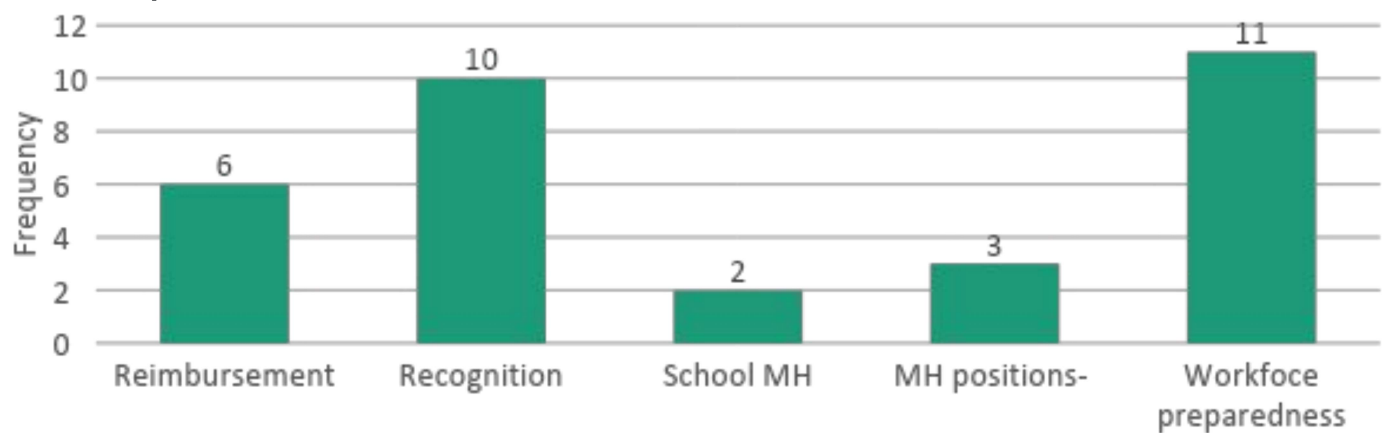
Continuing Education Topics Related to the OT Process

- Assessment tools
- Evidence-based practice
- Case review club
- Setting specific
- Diagnosis specific, e.g. substance abuse; depression; dementia; schizophrenia; bipolar
- Telehealth
- Group work; Functional group to address grief, coping, depression, anxiety, motivation etc.
- ADL interventions
- Cognitive behavior FOR; behavioral activation
- Working/ communicating with other disciplines
- Billing & documentation
- NC specific topics- what OTPs are doing; transitions to community living

Q4. Which format of continuing education in mental health would you be most likely to attend?



Q5. What challenges/ threats do you think OT practitioners in NC are facing that the NCOTA Mental Health SIS should include in its strategic goals in the next two years (2021 - 2023)?



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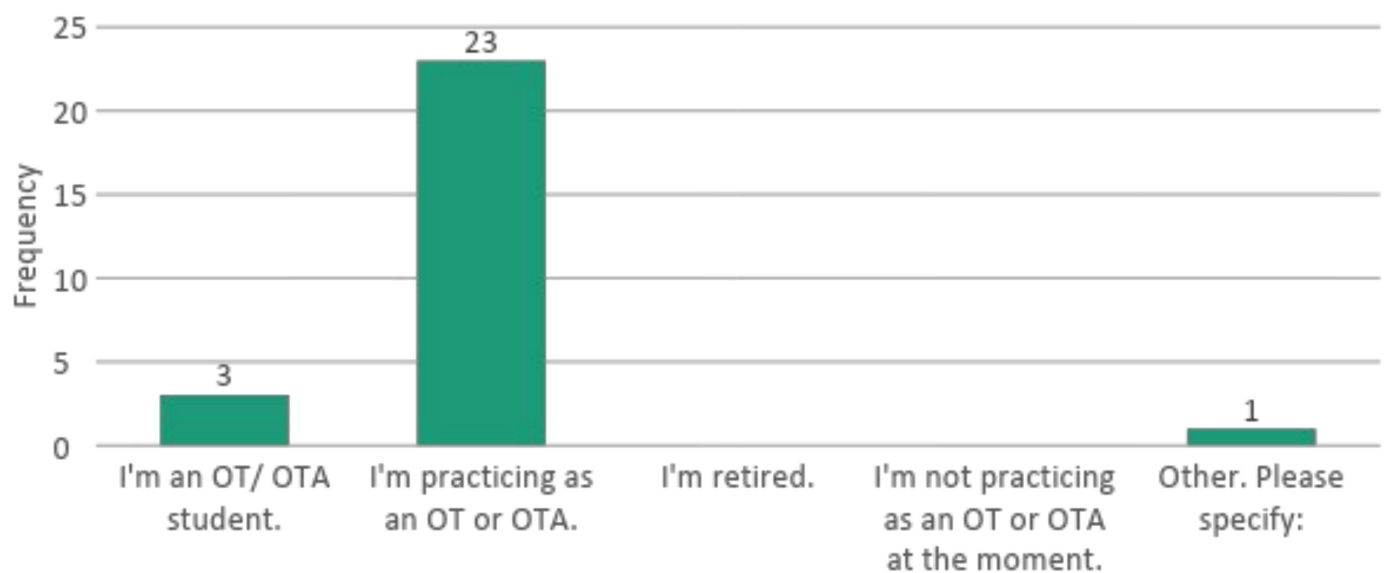
Recognition

- **By other disciplines, MCOs**
- **QMHP status**
- **Discipline encroachment**

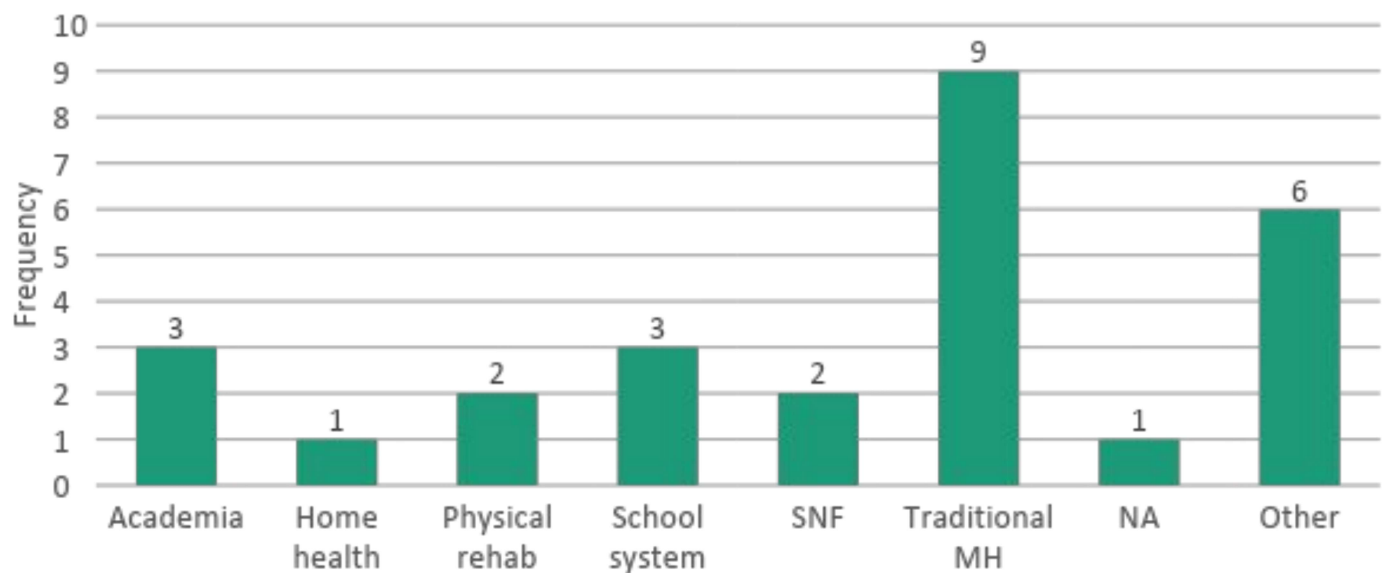
Workforce Preparedness

- **Attract more students/ clinicians**
- **Increase knowledge; need CEUs**
- **Increase variety of services**
- **Strengthen documentation skills**
- **Practitioner burnout & depression**

Q6. Which of the following best describes your current practice status?



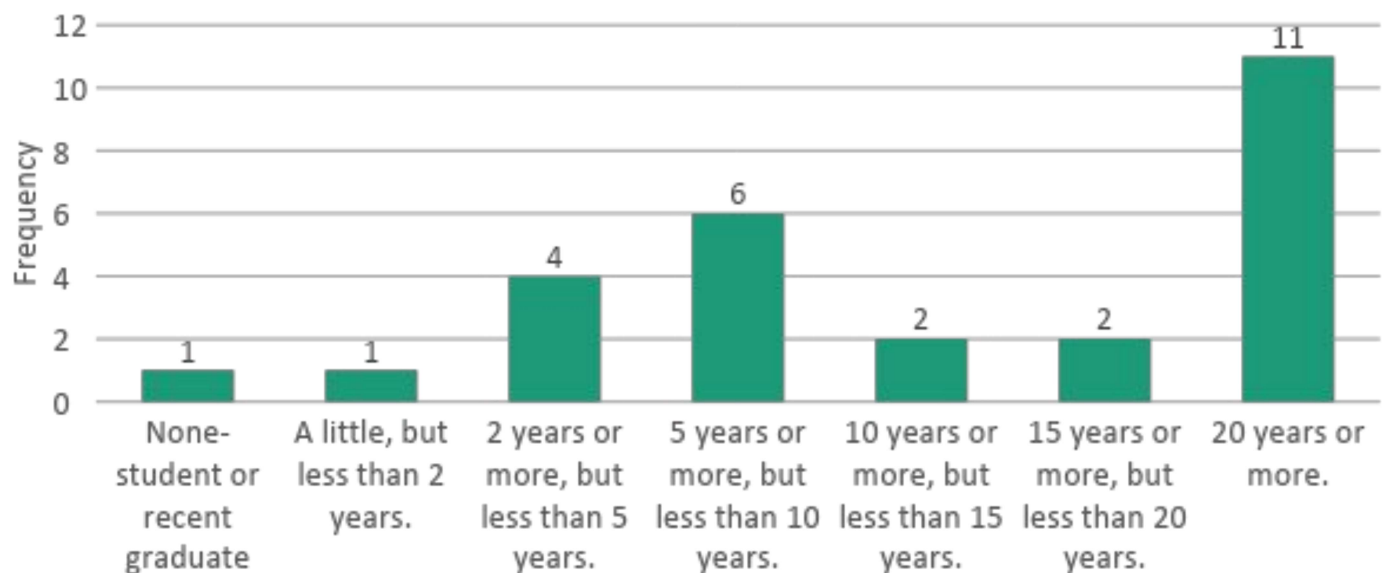
Q7. Which of the following best describes your current practice setting?



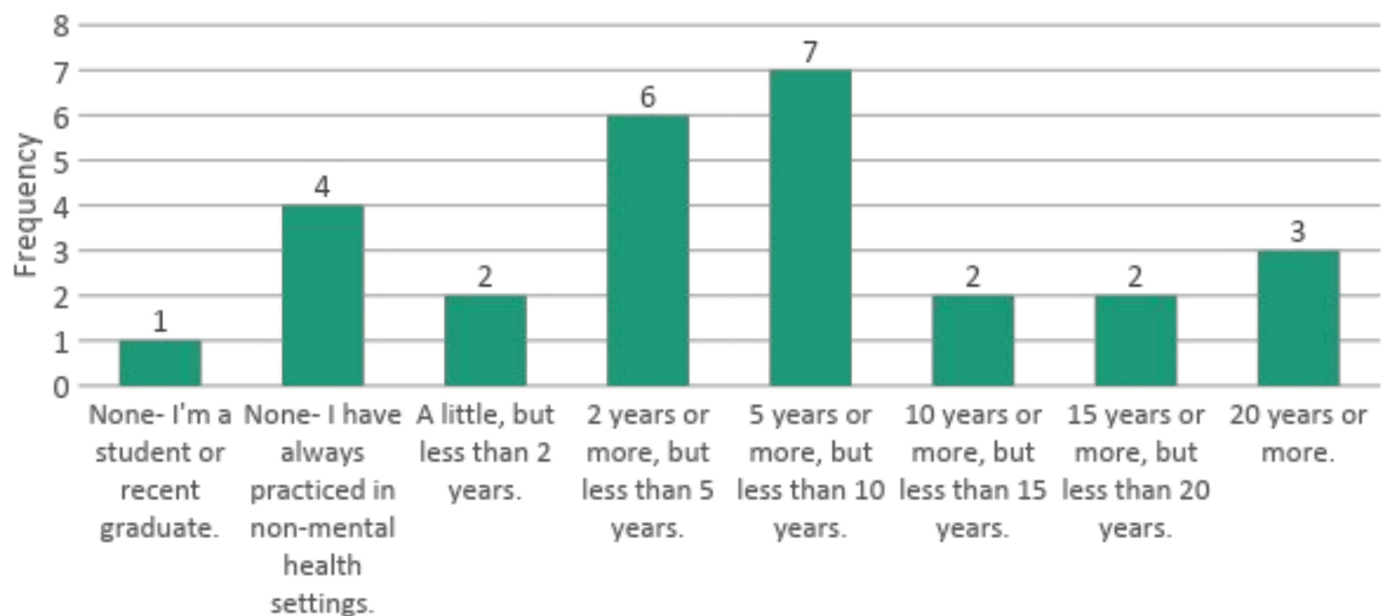
Q7. Which of the following best describes your current practice setting- Others

- Pediatrics (2)
- Non-traditional mental health (2)
- Cognitive rehab/ memory care (2)

Q8. Years of practice experience in OT, including non-mental health years



Q9. Among the years of practicing as an OT or OTA, how many years have you practiced in mental health?



Discussion

We would like your input!



Contact us!



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